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Directory of Recreation/Leisure Resources for Persons with Disabilities

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Montana Directory of Recreation/Leisure Resources for Persons With Disabilities

Produced By

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Montana University Affiliated Program
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University of Montana
Missoula, Montana 59812
(406) 243-5467

Funded by the
Montana Developmental Disabilities
Planning and Advisory Council
1987

Acknowledgements

The development of this directory has been accomplished through the combined efforts of many people and agencies. A special "thank you" to D.D.P.A.C. for funding this endeavor and to all the service providers for helping to make this list of resources a reality in fact and in print.

The contributions of project advisory board members and MUAPS staff members made a positive difference throughout the project and were appreciated. Advisory Board Members: Ed Amberg (Warm Springs State Hospital), Bruce Buchman (Big Bear Resources), Jerry Covault (Lolo National Forest), George Gryc Park (Camp Fire), Jan Hulme (Physical Therapy Dept., University of Montana), Bob Jordan (Activities Unlimited), Leta Livoti (Counselor), Joel Meier (Forestry, University of Montana), Gretchen Olheiser (Montana Fish, Wildlife and Parks), P.J. Powers (Adapted Physical Education, University of Montana), Larry Watson (Mountain Dog). MUAPS Staff: Noreen Merritt, Nancy Arnold, Mike Jakupcak, Wayne O'Farrell, Joyce O'Neil and Robyne Johnson. Thank you all!

TABLE OF CONTENTS

* Using this Directory
* Introduction
* Specialized Recreational Resources
* Camps
* Recreation Therapists
* Recreational Areas (includes Ski Areas)
* Outfitters
* Parks and Recreation Programs
* Youth and Family Groups
* Community-based Services
* Advocacy Services
* Residential/Treatment Programs
* Additional Resources

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USING THIS DIRECTORY

This directory has been organized into sections by categories of recreation services. At the beginning of each section, you will find an introduction that provides helpful information for the consumer. Next is an alphabetical list of all entries in that section--along with a map to indicate the location of those resources within the state. Following that are the separate entries (also in alphabetical order) for the resources, giving detailed information about their services. We hope this format will facilitate your use of this directory.

An important reminder to directory users is that the inclusion of a specific resource does not imply our endorsement of that program or service. We wish to emphasize the importance of consumers checking references and evaluating the listed services and programs to insure that their needs and desires are met.

Also, while this project was funded by the Montana Developmental Disabilities Planning and Advisory Council, the statements presented herein do not necessarily reflect those of the Council.

Introduction

The development of the Montana Directory of Recreation/Leisure Resources for Persons with Developmental Disabilities has been funded by a grant from the Montana Developmental Disabilities Planning and Advisory Council and is the result of a combined telephone and written survey of approximately 200 recreation and leisure service providers throughout the state.

This directory is by no means all inclusive. There are more program and personnel resources across the state. It is our hope that future revisions of this directory will include a growing number of these resources and we welcome any assistance in locating present or future resources not listed in this edition.

In preparing this directory of available resources, we focused on two major goals. Our primary goal was to develop programs descriptions that were both easy to read and efficient in directing consumers toward appropriate activities. We perceived this directory as a "yellow pages" type of guide to recreation and leisure, and we will be pleased if it assists users to more fully utilize and enjoy the unique recreation and leisure opportunities of this state.

The other major goal was to offer persons with disabilities and service providers a tool for "networking"--for sharing ideas and mutual concerns that may lead to responsible, creative growth in improving and expanding existing resources. Networking is based on a non-

competitive model of growth that allows information access to all who can benefit from a sharing of ideas. Within the domain of this directory, networks could be created around a specialized activity, a type of service facility, a type of disability, a geographical region, or a unique philosophy of recreation/leisure.

Networks can take a variety of forms. Two people with telephones can be a network as surely as two hundred with shared computer-driven information systems. A network may choose to meet face-to-face on a regular basis, or it may consist of written, electronic, or verbal communication on an "as needed" basis. Whatever form your network may take, the benefits are the practical and improved services to individuals, and a stronger political base for community, state, and federal lobbying. We encourage you to make use of telephone numbers and addresses in order to share for the benefit of all.

We now know that many Montanans are enthusiastic about recreation and leisure activities for persons with disabilities. Throughout our interviews and letters, people consistently endorsed recreation and leisure as being basic to the rehabilitation, habilitation, and quality of life for <u>all</u> people--with and without disabilities.

Create! Recreate! Celebrate!

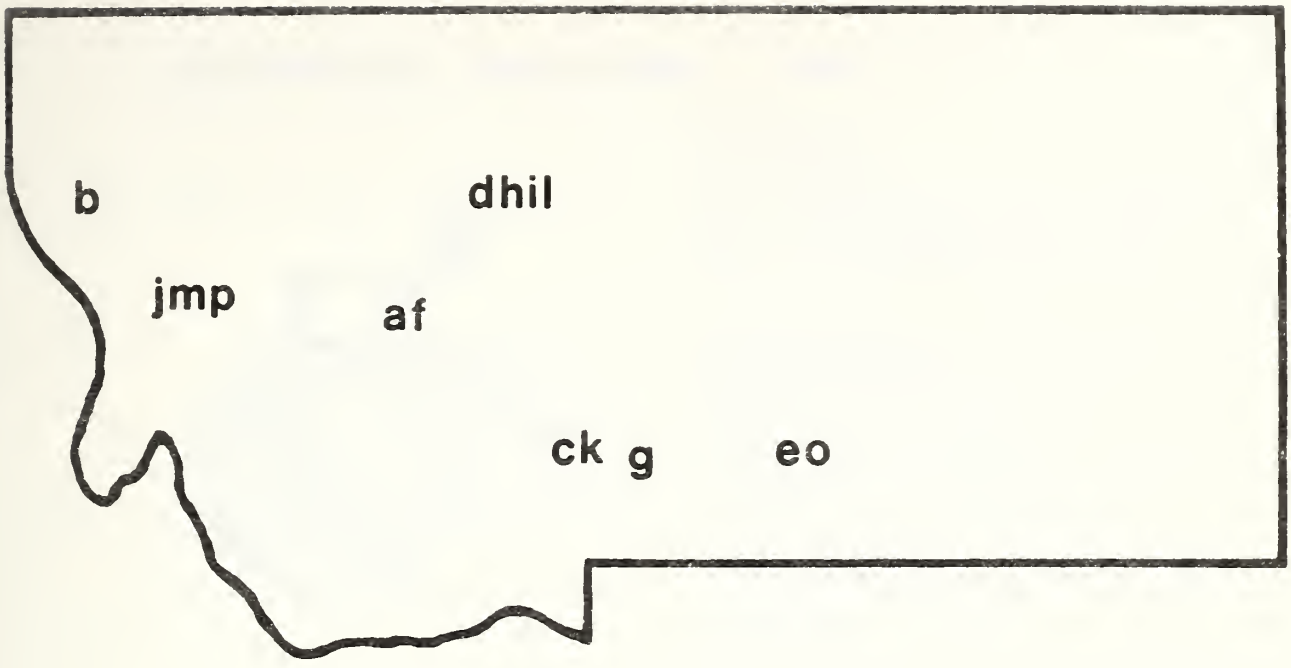
Specialized Recreational Resources

SPECIALIZED RECREATIONAL RESOURCES

The entries in this section represent a number of the specialized recreational resources available in Montana. These resources include facilities and programs designed specifically to meet the leisure and recreation needs of persons with disabilities.

A few of the entries in this section describe facilities that offer several different types of programs for persons with varying disabilities and recreational goals. These agencies hire recreation therapists and others with the education and experience necessary to design and develop activities and programs that will meet the needs of their clients. Other programs listed in this section may offer a specific activity designed for persons with a specific disability. Horseback riding, art, swimming, and outdoor experiences are a few of the specific activities that are listed in this section.

Providers described a variety of rationales for their services. A commonly held rationale was that all persons, regardless of disability, have the right to know--through "safe-risk" experiences--the excitement and personal satisfaction that recreation affords. Other comments focused on the therapeutic outcomes of leisure and recreation: promoting communication, self-expression, and self-esteem, in addition to more obvious outcomes such as motor coordination, physical strength, and endurance.



SPECIALIZED RECREATIONAL RESOURCES

a. Activities Unlimited, Inc.
b. Blue Spruce Lodge & Guest Ranch
c. Eagle Mount
d. Great Falls CP Assoc. Bowling League
e. Growth Thru Art
f. Helena Riding Academy
g. Horsepower for the Handicapped
h. Montana Let's Play to Grow
i. Montana Special Olympics, Inc.
j. Mountain Dog
k. MSU Disabled Student Services
l. Optimist Handicapped Park
m. Recreation Therapy Dept.--Missoula Community Hospital Rehab. Center
n. Sheepshead Mountain Recreation Area (See Deerlodge NF under "Rec. Areas")
o. Solid Gold Dancers
p. Very Special Arts Montana

ACTIVITIES UNLIMITED, INC.

SERVES:
14 years and older
All Disabilities

PROVIDES:
Specialized-
Recreation,
Adaptive Aquatics,
Adaptive Skiing,
Whitewater Rafting,
Summer Camp

Sometimes people treat the disabled as though they believe them to be inherently fragile. The philosophy of Activities Unlimited reflects our belief that disabled persons have the right to adventurous, exciting, even risk-oriented activities (within reasonable bounds). In line with this premise, Activities Unlimited offers whitewater rafting, guided fishing trips, canoeing, adaptive skiing, and aquatics as well as many of the more traditional recreation options.

Activities Unlimited believes in integration as a format for recreational activities and strives to provide opportunities for disabled and non-disabled persons to share their adventures.

Needs Assessment, Goal Development, Program Implementation, and Individual Consultation are available state-wide through this Helena-based program.

Bob Jordan, Director
Activities Unlimited
P.O. Box 324
Helena, MT 59624

(406) 442-7809

BLUE SPRUCE LODGE & GUEST RANCH

SERVES:
Any Age (with adult)
Physical, Mental,
and Perceptual
Disabilities

PROVIDES:
Accessible facility,
Hunting, Fishing,
Recreation Workshops

The rustic Blue Spruce Lodge and Guest Ranch is located high on a razorback ridge overlooking the Noxon Reservoir on the Clark Fork River. It provides a totally wheelchair-accessible facility, offering a truly unique adventure for the physically challenged and for the able-bodied as well.

There is an abundant population of moose, elk, mule deer, whitetail deer, brown and black bear, wild turkey, ducks, grouse, and osprey. High mountain lakes and streams are accessible from the lodge for trout fishing and ice-fishing in the winter.

A series of workshops is planned for late summer/early fall. Topics include "Exploration of the Arts, "Rookie Camp for the Newly-Injured," and "Recreation for the Physically Challenged."

Russ Milleson
Blue Spruce Lodge and Guest Ranch
451 Marten Creek Rd.
Trout Creek, MT 59874

(406) 827-4762

EAGLE MOUNT

SERVES:
All Ages
All Disabilities

PROVIDES:
Specialized Recreation, Skiing, Swimming, Camping, Support Groups

Eagle Mount is a non-profit organization that provides therapeutic experiences for all ages and disabilities. Therapeutic recreation activities offered through this organized program may lead to increased physical well-being through exercise, social integration, emotional well-being, and improved self-image.

In many cases, the positive experiences in non-competitive recreation activities becomes a foundation for and a link to continued success in other more intensive and, perhaps, more difficult therapy settings.

Eagle Mount provides service through several distinct sub-groups:

1. **BIG SKY KIDS**

   This program offers a supportive system to children who are undergoing cancer treatment. They and their parents meet for special events (such as a weekend of skiing, an air show, or the week long adventure described below) and are given opportunities for a guided discussion of their needs and concerns.

(continued on next page)

2. **EAGLE SKI**

The Eagle Ski Program provides instruction and recreational skiing opportunities to persons of all ages and disabilities. The program utilizes facilities at Bridger Bowl for classes in downhill and cross-country skiing. The staff of well-trained volunteers work on ski skills to meet individual needs. Eagle Ski has a fantastic safety record.

Special Olympics Training and Races are a regularly scheduled part of this program.

3. **EAGLE MOUNT SWIMMING PROGRAM**

The Eagle Mount Swim Program utilizes two local pools for its activities. Groups have been established for persons with multiple sclerosis, head trauma, and both infants and adults with developmental disabilities.

Each program has activities structured to meet individual needs. Pool temperatures are regulated for the comfort and safety of each group.

4. **RECREATION PROGRAM FOR PHYSICALLY DISABLED ADULTS**

A pilot program will be offered during the summer of 1987 in an attempt to offer quality outdoor recreation experiences to adults with physical disabilities and/or visual impairments. Eagle Mount hopes that this program may form the basis for a statewide recreationally oriented support group. This program will be facilitated by Bob Liston, a student intern with Eagle Mount.

(continued on next page)

5. **BIG SKY KIDS ADVENTURE**

This is a week-long residential camping experience for participants in the Big Sky Kids program, ages 10-18.

For more complete information, please see the separate listing under **CAMPS.**

6. **EAGLE MOUNT DAY CAMP**

This program provides exciting recreational activities to children and adults with physical and developmental disabilities.

For more complete information, please see the separate listing under **CAMPS.**

Cyndi Fonda Dabney, Program Director
Eagle Mount
P.O. Box 3118
Bozeman, MT 59772

(406) 586-1781

GREAT FALLS CEREBRAL PALSY ASSOCIATION BOWLING LEAGUE

SERVES:
11 years and older
Cerebral Palsy
Orthopedically Handicapped
Developmentally Disabled

PROVIDES:
Bowling league

The Great Falls Cerebral Palsy Association sponsors a Bowling League for 96 people, 11 years and older, who express a variety of disabilities. This is the 18th year of the program, which has grown from 3 members to 24 teams during that time.

Bowling take place each Saturday for 26 weeks. A ten dollar fee pays for bowling, tournaments, trophies, parties and the year-end picnic. Four tournaments are held each year: the sweetheart tournament in February, the Bowl-a-thon, the Buddy Tournament, and the VIP tournament. A Halloween party is also held each year with prizes for the best costumes.

Kit Blue, Director
Great Falls CP Assoc. Bowling League
1109 First Avenue S.
Great Falls, MT 59404

(406) 452-7056

GROWTH THRU ART

SERVES:
17 years and older
Physical, Mental and
Perceptual Disabilities

PROVIDES:
Visual Art Activities

Meeting needs unfulfilled by other programs, Growth Thru Art uses visual art activities to stimulate mental health, enhance self-image and improve independent living skills. Staffed by an executive director, an art director and volunteers, Growth Thru Art is backed by an expert advisory group providing assistance in many areas including: psychoanalysis, psychotherapy, art therapy, rehabilitation counseling, mental health, independent living skills, and social work.

Through this program, art is viewed as something more than a recreation or leisure skill. Art becomes a process through which individual growth may occur in a variety of areas. Each individual works toward specified goals and maintains a portfolio that helps track progress. Apart from the regularly scheduled class work (three hours a day two days a week) field trips are also planned. Participants work is exhibited locally as well as out of state.

Tuition is charged to help cover costs of staffing, counseling, art supplies and materials, and group activities. Scholarships are available through the generosity of concerned individuals and organizations.

Barb Fisher, Executive Director
Growth Thru Art
2432 First Avenue North
Box 143
Billings, MT 59103 (406) 252-8836

HELENA RIDING ACADEMY

SERVES:
3 years and older
All Disabilities

PROVIDES:
Horseback Riding

The Helena Riding Academy is an operating center under the North American Riding for the Handicapped Association, Inc. The Helena Riding Academy provides handicapped people the opportunity to experience and to learn about equestrian activities and sports.

The program also provides recreational therapy, which affects the students in many ways, through the improvement or development of: self-awareness, self-confidence, muscle tone and strength, coordination, motor skills, riding skills, horse knowledge, and social interaction.

Permission from a physician is required to participate in this program. Special stirrups, helmets, and safety belts are available.

Sylvia Stevens, President
Helena Riding Academy
P.O. Box 5173
Helena, MT 59604-5173

(406) 449-7694

HORSEPOWER FOR THE HANDICAPPED

SERVES:
All ages
All disabilities

PROVIDES:
Horseback riding

In Livingston, Horsepower for the Handicapped offers horseback riding lessons for the physically and mentally handicapped. Lessons may also include learning how to care for a horse, basic horsemanship, and training horses. Games on horseback and trail rides add variety to the scheduled lessons.

A mounting ramp, helmets, handholds, peacock safety stirrups, and devonshire boots increase the safety and independence of disabled students. Instructors are certified and confer with physical therapists and doctors when appropriate. A physician's approval is necessary in order to participate in this program.

Tamie Claar, Instructor
Horsepower for the Handicapped
315 South L
Livingston, MT 59047

(406) 222-3862

MONTANA LET'S PLAY TO GROW

SERVES:
All Ages
Developmentally Disabled
Child and Family

PROVIDES:
Family Club, Materials,
Training, Support

Montana Let's Play To Grow Family Clubs bring developmentally disabled persons, their families, and friends together periodically to play. These clubs help special families learn new play activities, creative ways of changing old activities, and ideas for things to do together at home.

Clubs provide opportunities for family involvement and interaction which includes the handicapped family member; community support for children with special needs and their families; parent training in teaching play and recreation skills; and opportunities for children with handicaps to learn and develop through play and recreation.

A variety of printed and audio-visual resource materials are available through this agency.

Barbara McManus, State Coordinator
Montana Let's Play To Grow
4709 Diana Drive
Great Falls, MT 59405

(406) 453-6759

MONTANA SPECIAL OLYMPICS, INC.

SERVES:
8 years and older
Mentally and Multiply
Handicapped

PROVIDES:
Athletic Training and
Competition

An extensive network of training and competitive opportunities for the mentally handicapped is offered by the Special Olympics in the State of Montana. It is coordinated through the Great Falls office.

Athletic options include basketball, bowling, cross-country and downhill skiing, frisbee, gymnastics, physical fitness, track and field, ice skating, softball, swimming and diving, volleyball, wheelchair sports, equestrian sports, and soccer.

For more information contact your local Special Olympics coach or the State Director.

Dick Kildahl, Director
Montana Special Olympics, Inc.
3300 3rd St. Northeast
Great Falls, MT 59404

(406) 791-2272

MOUNTAIN DOG

SERVES:
14 years and older
All Disabilities

PROVIDES:
Adaptive Skiing
and Rafting, Kayaking,
Wheelchair-Basketball,
Horseback Riding

In Missoula, Mountain Dog serves people with permanent orthopedic disabilities who are living independently, as well as developmentally disabled adults living in group home settings. This agency utilizes resources available in the area to provide staff and assistance for some of its activities. They also provide accessibility consultation for agencies such as Lolo National Forest.

Mountain Dog currently offers adaptive skiing (sit, blind, and 3-track), wheelchair basketball, horseback riding (therapeutic and recreational), fishing, hiking, camping, backpacking, canoeing, whitewater rafting, kayaking, aquatics, fitness, and dances.

Programs that will be starting soon include art programs, photography, archery, weight lifting and scuba-diving.

The goal of Mountain Dog is to provide recreational opportunities for disabled as well as nondisabled people with an emphasis on training for self-image and self-reliance.

Mountain Dog works in conjunction with the Lolo National Forest to improve accessibility of recreation sites. Specific accessibility guides for these sites may be obtained from Lolo National Forest or Mountain Dog.

Larry Watson, Recreation Specialist
Mountain Dog
1280 S. 3rd West
Missoula, MT 59801 (406) 728-1630

MSU DISABLED STUDENT SERVICES

SERVES:
Adult Students
Physical and
Perceptual
Disabilities

PROVIDES:
Recreation, Academic,
and Environmental
Support and Advocacy

The Montana State University Disabled Student Services provides service to 385 disabled students at the University. Services include, but are not limited to, academic support, recreational information and opportunity, support groups, accessibility information, accessible housing, access to specialized equipment, counseling, reading and taping services, tutoring assistance, and alternative testing.

Disabled Student Services operates the nation's largest wheelchair basketball tournament. This tournament has been held annually for the past seven years. Sixty-four teams, totalling 84 players, participate.

Also available: wheelchair racing, treadmill, modified weight room, swimming pool with lift, adaptive skiing, and a variety of physical education classes for recreational alternatives.

Bob Frazier, Director
MSU Disabled Student Services
#155 Student Union
MSU
Bozeman, MT 59717

(406) 994-2824 (Voice or TTY)

OPTIMIST HANDICAPPED PARK

SERVES:
All ages
All disabilities

PROVIDES:
Modified playground
Physical fitness

The Optimist Handicapped Park in Great Falls is designed to provide a playground atmosphere for children with special needs. All of the playground equipment is designed for disabled people of all ages.

This park gives disabled children the opportunity to enjoy many of the playground activities other children may take for granted.

Reed Rydell
Optimist Handicapped Park
P.O. Box 428
Great Falls, MT 59403

(406) 727-6768

RECREATION THERAPY DEPARTMENT
MISSOULA COMMUNITY HOSPITAL
REHABILITATION CENTER

SERVES:
All Ages
Physically, Mentally,
Perceptually Disabled

PROVIDES:
Individualized & group
Recreation Treatment

The Recreation Therapy Department at Missoula's Community Hospital Rehabilitation Center is a team of people with the information resources, experience, and skills needed to help people develop an individual recreational life within their community.

Creative problem solving is a large part of the task as this team looks for imaginative ways to meet individual needs.

Dance movement, music, creative arts and creative drama offer exciting options to clients. Adapting recreational equipment for individuals is one of the services available through this program.

Special programs exist for persons with chronic pain, acute brain injury, stroke, spinal cord injury, multiple sclerosis, and muscular distrophy. Programming and consulting services for individuals and groups are also available, upon request.

Judy Murphy, Rec. Therapy Supervisor
Missoula Community Hospital Rehab. Center
2827 Fort Missoula Road
Missoula, MT 59801

(406) 728-4100, Ext. 5461

SOLID GOLD DANCERS

SERVES:
All ages
Any disability

PROVIDES:
Drama, dance, music,
Physical fitness,
Creative movement

This program combines music, drama, dance, creative movement, and singing as it helps participants develop a good self-concept and feelings of self-worth. The only requirement of the class is that "ya gotta want to be here."

The program emphasizes stretching activities, many of which have been directly prescribed by a physical therapist.

While creative movement and enjoyment are the major focuses, the dancers do have opportunities to learn routines and perform them publicly. Dancers are also encouraged to develop their own movement routines.

The "Solid Gold Dancers" are currently facilitated by the YWCA. Enrollment is limited to 30 persons.

Barbara Bristol
Solid Gold Dancers
426 Alderson
Billings, MT 59101

(406) 252-4342

VERY SPECIAL ARTS MONTANA

SERVES:
3 years and older
Physical, Mental,
Emotional, and Perceptual
Disabilities

PROVIDES:
Music, Dance, Drama,
Visual Arts

Very Special Arts Montana, a statewide organization, is dedicated to bringing the arts to people in Montana who are disabled or have special needs: providing opportunities for integration of disabled people into society.

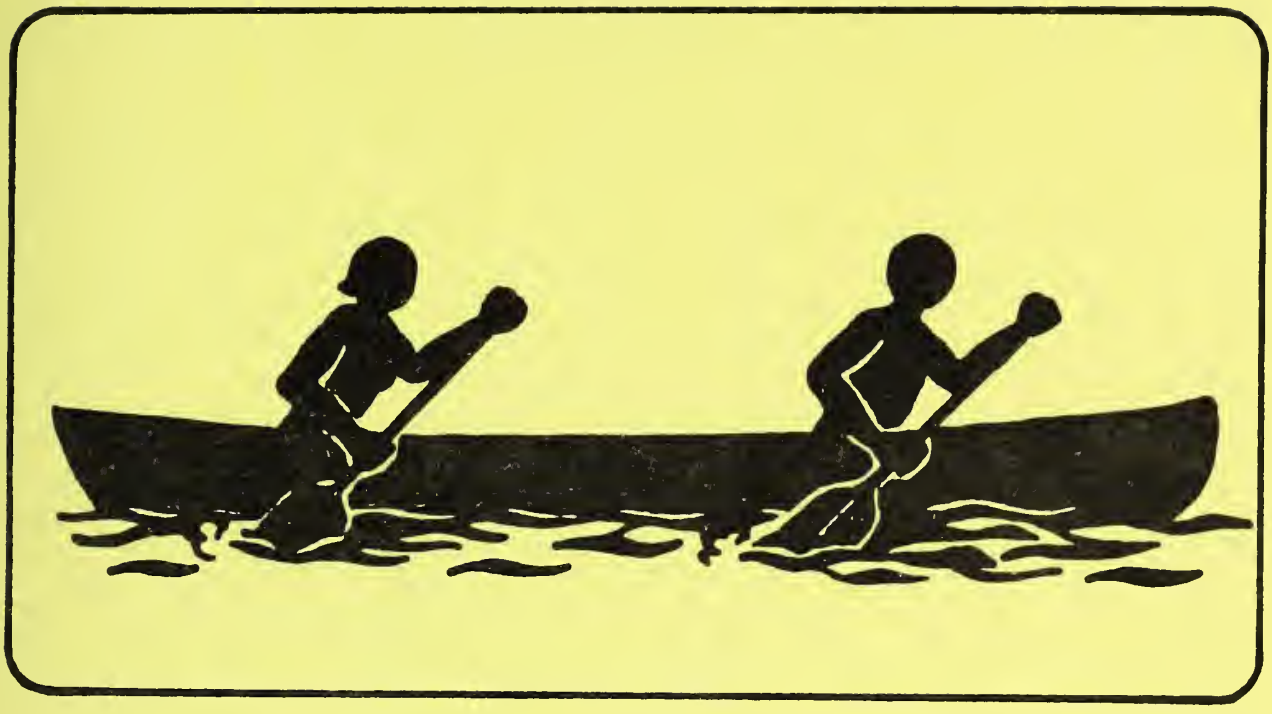
Very Special Arts Montana believes in the power of the arts for all people. Participating in the arts:

- -provides a window for looking at who we are
- -expands communication skills
- -increases motor development and coordination
- -builds social skills
- -develops imagination and self-expression
- -produces a feeling of accomplishment and success.

This program plans, organizes, promotes and produces training programs, festivals, workshops, demonstrations, exhibits, and performances, to celebrate through demonstration the artistic skills and abilities of people with disabilities.

Patricia O'Keefe Easton, Exec. Director
Very Special Arts Montana
P.O. Box 8485
Missoula, MT 59807

(406) 243-4847



Camps

CAMPS

The camps listed in this section have each offered some basic information on their programs, environments, and eligibility requirements. Each camp has a different focus and philosophy in order to meet the needs of their target population. We have attempted to list a few recreational and leisure activities that represent the diverse range available through each program.

In the process of collecting information on the various camping programs listed in this section, we have come up with a few suggestions that may be beneficial in selecting a camp experience that will meet your needs.

First, don't let the name of the program mislead you. Many of the camps are sponsored by organizations whose name might infer a very narrow range of eligibility. For a few, this inference might be accurate, but a large number of these programs will accept applicants with diverse disabilities.

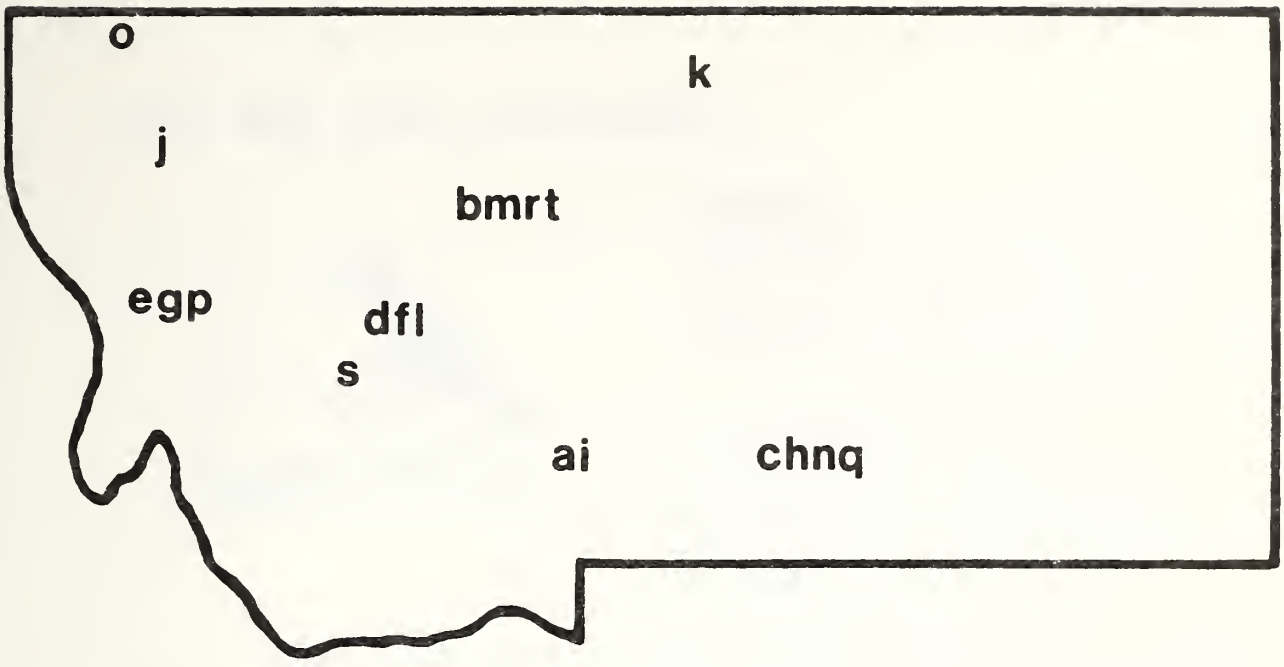
Don't let camp costs be your major barrier. While most camps are run, at least partially, on individual fees, you will find that a good number of these programs also offer scholarships (or "camperships") when financial resources might be a restricting factor.

Take a good look at the camp's basic program in order to choose a camp that will meet both your needs and interests. If you have physical disabilities that limit your mobility, you will want specific information on the camp setting's accessibility. Look carefully at the words used to describe the environment. Phrases such as "we can accommodate," "modified," "accessible,"

(continued on next page)

and even "**barrier free**" may mean different things at different camps. The safest policy is to contact the camps and find out exactly what the physical environment is like.

You will probably want to check on the camp's medical and professional support staff. Does the camp maintain a medical log? Is the staff trained in first aid procedures? Does the camp have a practical plan for dealing with a medical emergency? Does the camp have appropriate insurance coverage? It is important to ask as many questions as you think necessary before deciding on a camping program.



CAMPS

a. Big Sky Kids Adventure
b. Camp Diamont
c. Camp Huff 'n Puff East
d. Camp Huff 'n Puff West
e. Camp Paxson (Special Citizens Camp)
f. Camp Tawahganeo/Activities Unlimited
g. Camp Watanopa
h. The Charles Campbell Camp
i. Eagle Mount Day Camp
j. Flathead Industries for the Handicapped Summer Camp
k. 4-H Special Needs Camp
l. Gold Country Council of Camp Fire Resident Camp Program
m. Great Falls Cerebral Palsy Summer Camp
n. Heights Optimist Club's Special Children's Camp
o. Lincoln County Special Ed. Summer Camp
p. Missoula YWCA Day Camp
q. Muscular Dystrophy Camp
r. North Central Council of Camp Fire Camp Tawahganeo
s. Rocky Mountain Association Retarded Citizens Day Camp
t. Skyline Center/Child and Family Services Summer Day Program

BIG SKY KIDS ADVENTURE

SERVES:
Ages 10 through 18
Persons undergoing cancer treatment

PROVIDES:
Swimming, Fishing, Rafting, Pack Trip, Horseback Riding

Persons involved in the Big Sky Kids program, a recreation-based supportive system for children undergoing cancer treatment, have the opportunity to spend a week in this residential camp experience. The Big Sky Kids program is facilitated through Eagle Mount in Bozeman (see listing under Special Recreation).

Big Sky Kids Adventure allows the young person and one parent to be involved in a variety of outdoor activities. Such activities may include horseback riding, fishing, rafting, swimming, cookouts, and an overnight pack trip. Along with the benefits of these recreational experiences is the opportunity to share common concerns, desires, needs, and practical resources in a supportive atmosphere.

Three physicians and a well trained staff assist with this program.

Cyndi Fonda Dabney, Program Director
Eagle Mount
P.O. Box 3118
Bozeman, MT 59772

(406) 586-1781

CAMP DIAMONT

SERVES:
Ages 8 through 14
Diabetes
(may also have other disabilities)

PROVIDES:
Fishing, First Aid, Drama, Canoeing, Archery, Baseball

A residential camping program offers diabetes education, medication, peer groups, nutrition, and peer counseling. A physician and at least three nurses are on staff 24 hours a day, and many of the counselors are diabetic themselves.

Recreational activities include aerobics, archery, baseball, camping, canoeing, cooking, drama, fishing, first aid, hiking, movies, music, nature study, photographing, picnics, softball, and volleyball.

In all, this is a good traditional camp program with medical support, exceptional counselors and a wide variety of learning and recreational options.

Program and site have been accredited through the American Camping Association.

Ms. Stanlee Dull, Executive Director
Camp Diamont
American Diabetes Association Box 2411
Great Falls, MT 59803

(406) 761-0908

CAMP HUFF 'N PUFF EAST

SERVES:
Boys and Girls,
Ages 7-11,
Respiratory Problems

PROVIDES:
Fishing, Hiking, Music,
Water Slide, Treasure
Hunt, Archery, Riflery

Camp Huff 'N Puff East is designed to provide children with respiratory difficulties a typical camping experience enhanced with self-management education programs. The camping program, begun in Western Montana (see separate entry, this section), is ten years old this year. Huff 'N Puff East was opened in 1985 to better serve Eastern Montanans.

Campers may participate in aerobics, archery, arts and crafts, board games, cooking, drama and skits, fishing, frisbee, wagon rides, hiking, horseshoes, educational movies, music around the camp fire, nature study, riflery, softball, swimming, day trips, volleyball, nature hikes, water slide, treasure hunts, and various indoor and outdoor games.

Nurses and physicians and help monitor medications and general health during this week-long camping experience.

Barbara Kirscher, Program Consultant
American Lung Association of Montana
2525 6th Ave. North
Billings, MT 59101

(406) 252-0635

CAMP HUFF'N PUFF WEST

SERVES:
7 to 13 years of age
Asthma and/or related
Breathing Problems
(other disabilities may
also be involved)

PROVIDES:
Swimming, Archery,
Riflery, Drama

Camp Huff'N Puff is an enthusiastic, confidence-building experience for children with breathing problems. It can be considered as a kind of clinic in the woods which is attended 24 hours a day by a physician and nurses, where kids learn to manage their problems in order to allow them to participate in active sports.

Best of all, Camp Huff'N Puff is a fun camping experience that includes trail hikes, target shooting, a daily round of games such as volleyball and softball, naturalist-led walks, arts and crafts activities and their own carnival. Cabins determine and run their own booth, with prizes supplied by the camp. This is the high point of the week for many of the campers.

Other activities may include: aerobics, basketball, bird-watching, cooking, dancing, drama, fishing, frisbee, horseshoes, movies, music, picnics, social groups, and tubing.

Anna B. Jones, Program Consultant
Camp Huff'n Puff West
American Lung Association of Montana
825 Helena Avenue
Helena, MT 59601

(406) 442-6556

CAMP PAXSON (Special Citizens Camp)
Missoula County Association
for Retarded Citizens

SERVES:
8 years and older
Mentally and Multiply
Handicapped

PROVIDES:
Arts and Crafts, Dancing,
Hiking, Swimming

This residential camp provides a variety of experiences for moderately mentally handicapped people.

Scheduled activities may include arts and crafts, baseball, basketball, softball, volleyball, boating, swimming, fishing, hiking, horseshoes, picnicking, nature study, music, movies, wheelchair sports, dancing, frisbee, and movement education.

In addition, a talent-show night allows each cabin to perform a skit or song. Talent may be demonstrated by counselors and campers individually or in groups. The awards ceremony celebrates every participant's contribution.

Marilyn Fernelius
Camp Paxson
2216 East Vista
Missoula, MT 59801

(406) 251-4216

CAMP TAWAHGANEO/ACTIVITIES UNLIMITED

SERVES:
14 year and older
Developmentally
Disabled

PROVIDES:
Fishing, Canoeing,
Water Skiing,
Swimming, Rafting,
Dancing

Each year, Activities Unlimited offers a week of summer fun for developmentally disabled persons at Camp Tawahganeo on beautiful Salmon Lake. Activities include river rafting, fishing, water skiing, swimming, canoeing, Special Olympic training, movies, and dances. Fees include round trip transportation from Helena, food, lodging insurance, and round the clock supervision.

This camp will be open to campers 14 years of age and older. Campers must have complete control over bodily function and have had no recent record of behavior problems.

A limited number of camperships are available. Call or write for more information if interested. Enrollment is limited, so mail early for applications.

Bob Jordan, Director
Camp Tawahganeo/Activities Unlimited
P.O. Box 324
Helena, MT 59624

(406) 444-2265

CAMP WATANOPA

SERVES:
Developmentally 2nd grade to 10th grade

PROVIDES:
Horseback riding, Swimming
Canoeing, Fishing, Hiking
Nature study

Camp Watanopa is located at Camp Paxson on Seeley Lake. This camp is run under the direction of Ponderosa Council of Camp Fire during the month of July for three one-week sessions. Disabled persons are encouraged to apply as are non Camp Fire members.

Camp Watanopa offers a traditional camp experience in a beautiful and safe setting. Counselors bring diverse experiences and skills to the camp and focus energies on helping each camper develop a good self-image and confidence. Structured activities are mingled with free time.

Some of the recreational options available are: arts and crafts, aerobics, softball, volleyball, canoeing, fishing, hiking, nature study, birdwatching, drama, dance, and photography.

Beginning horseback riding is scheduled for the first session of camp.

George Gryc Park, Program Director
Camp Watanopa
2700 Clark
Missoula, MT 59801

(406) 542-2129

THE CHARLES CAMPBELL CAMP

SERVES:
Ages 6 through 18
Physical, Mental and
Perceptual Disabilities

PROVIDES:
Horseback-riding, Archery,
Boating, Hiking, Fishing

The major goal of The Charles Campbell Camp is to let each camper truly enjoy a natural camping experience in the Beartooth Mountains. In keeping with this goal, the philosophy of the camp is to try to hold the modifications to the camp setting to a bare minimum.

Camp activities include nature study, softball, volleyball, baseball, arts and crafts, dancing, cooking, fishing, hiking, horseback-riding, frisbee, golf, boating, canoeing, and archery.

Paul Evanson, Camp Director
The Charles Campbell Camp
4322 Stone
Billings, MT 59101

(406) 248-5157

EAGLE MOUNT DAY CAMP

SERVES:
4-18 years old
All Disabilities

PROVIDES:
Swimming, Rafting,
Horseback Riding

The day camp provided by Eagle Mount, in Bozeman, is divided into three one-week sessions designed to meet the needs of various age groups (4-7, 8-12, 13-18). Recreational therapists work with trained and experienced staff to design and implement a schedule of events that are not only fun but therapeutic.

The facilities used for this day camp allow participation of persons with physical disabilities as well as those with developmental disabilities.

Activities typically include a variety of arts and crafts projects, camping, fishing, hiking, rafting, swimming, and horseback riding.

Cyndi Fonda Dabney, Program Director
Eagle Mount
P.O. Box 3118
Bozeman, MT 59772

(406) 586-1781

FLATHEAD INDUSTRIES FOR THE HANDICAPPED SUMMER CAMP

SERVES:
18 years and older
All Disabilities

PROVIDES:
Residential Camp,
Crafts, Swimming,
Nature Study,
Dancing

This camp is open for public registration by developmentally disabled persons 18 years and older. A wide assortment of activities are offered ranging from dancing to swimming, softball, and nature study.

The primary goal of this camp is to provide the campers with a great time. Camp is held in the last week of August.

Bob Blakely, Recreation Specialist
Laurie Brever-Tonkavich, Assistant
Flathead Industries Summer Camp
305 3rd East
Kalispell, MT 59901

(406) 755-7656

4-H SPECIAL NEEDS CAMP

SERVES:
15 years and older
Mild to Moderate
Physically and Mentally
Handicapped

PROVIDES:
Swimming,Aerobics,
Hiking, Special Olympics

The 4-H Special Needs Camp offers a three day experience at Kiwanis Camp in the Bear Paw Mountains, approximately 30 miles south of Havre. Camp recreational activities are provided for mild to moderately physically and mentally handicapped persons.

The camp provides plenty of fresh air, wide open spaces and an opportunity for the campers to have a change of pace. There are educational programs, swimming, hiking, movies, dancing, horseshoes, organized games, and Special Olympics and lots of opportunity for physical exercise.

Karie Gerky and Corinne Malsam
4-H Leaders and Camp Directors
4-H Special Needs Camp
225 9th Ave.
Havre, MT 59501

(406) 265-4898

GOLD COUNTRY COUNCIL OF CAMP FIRE
RESIDENT CAMP PROGRAM

SERVES:
Grades K-12

PROVIDES:
Archery, Canoeing, Fishing, Drama, Nature Study

Gold Country Camp Fire offers a five day resident camp for youth in grades K-12. It is the purpose of this program to provide, through informal educational opportunities, a chance for youth to realize their full potential and to function effectively as caring, self-directed individuals, responsible to themselves and to others. The program also works to improve those conditions in society which effect youth.

Specific activities are determined each year according to staff availability and participant requests. Activities may include: arts and crafts, archery, backpacking, camping, nature study, cooking, dancing, canoeing, drama, fishing, physical fitness, and volleyball.

Disabled applicants are not actively solicited. Each individual is evaluated according to needs and abilities, and staff availability in meetings those needs.

Sub Yannone, Executive Director
Gold Country Council Camp Fire Program
2201-A Chestnut
Helena, MT 59601

(406) 442-1880

GREAT FALLS CEREBRAL PALSY
SUMMER CAMP

SERVES:
11 years and older
Orthopedically
Handicapped

PROVIDES:
Leathercraft, Decals,
Swimming, Games,
Campfire Jamboree

Each year the Great Falls Cerebal Palsey Association provides a residential summer camp for disabled people 11 and older. The camp is held at Optimist St. Thomas Youth Camp, 2 miles east of Monarch.

First preference are wheelchair applicants or those who use walkers and crutches (cerebral palsy and other affiliated orthopedic handicaps). The camp can accomodate 38 campers. If a camper needs special care, an attendent can be hired for a minimal cost.

This camp offers a variety of typical camp experience, including campfire jamboree, swimming in the creek, arts and crafts, and organized games.

For more information, please contact:

Kit Blue, Director
Great Falls CP Summer Camp
1109 First Avenue S.
Great Falls, MT 59404

(406) 452-7056

HEIGHTS OPTIMIST CLUB'S
SPECIAL CHILDREN'S CAMP

SERVES:
8 to 18 years old
Physically and Mentally
Handicapped

PROVIDES:
Swimming, Dancing,
Hiking, Nature Study,
All-terrain Vehicles

The Optimist Special Children's Camp is a one week camp for mentally and physically handicapped children from ages 8 to 18. The purpose of this camp is to provide an outdoor experience that these children might not otherwise receive. The camp is set up for fun: with fishing, horseback riding, bowling, swimming, dancing, a carnival, a cookout, and a sing-along included in the scheduled activities.

Other activities may include: arts and crafts, basketball, volleyball, hay wagon rides, movies, and music.

There are a limited number of spots for persons who use wheelchairs due to supervision problems.

John Pulley, Camp Director
Heights Optimist Club's
Special Children's Camp
1645 Augsburg Dr.
Billings, MT 59105

(406) 259-6156

LINCOLN COUNTY SPECIAL EDUCATION SUMMER CAMP

SERVES:
8 years and older
Mentally and Multiply Handicapped

PROVIDES:
Swimming, Dancing,
Arts and Crafts,
Hiking, Special Events

Lincoln County Special Education Summer Camp (also known as Camp Crawdad) is a one week residential experience at the Mountain Lake Conference Center on Dickey Lake, south of Eureka, Montana. The aim of this camp is to provide a good, fun, normal camping experience to people who are mentally and/or multiply handicapped.

Life at camp emphasizes social and physical well-being. Social activities include group living responsibilities, field trips, a dance, and an open-house program. Swimming, boating, fishing, bowling, tennis, drama, arts and crafts, and organized games round out the campers' program.

Camp staff and volunteers put a lot of extra energy into providing special events each year. Field trips in the past have taken campers to Fort Steele, theatre, the circus, and Flathead Lake. Visitors are welcome to Open House Night for a special dinner and the talent show.

People interested in working with the staff (possibly for graduate credit) please contact:

Glenda Leigh, Camp Director
Lincoln County Spec. Ed. Summer Camp
Eureka Elementary School, P.O. Box 2001
Eureka, MT

(406) 296-2131

MISSOULA YWCA DAY CAMP

SERVES:
Kindergarten-4th grade
Disabilities monitored on an individual basis

PROVIDES:
Music, arts and crafts,
Gardening,
Physical fitness

The Missoula YWCA Day Camp is a five day per week service offered from June 15th-August 28th. This camp has its own facility as a base for a variety of activities including: dance, gymnastics, arts and crafts, music, and cookery. A balance of indoor/outdoor activities may include gardening, sports, and field trips.

A special unit is planned for each week and may have a special instructor and guests.

The cost for this day camp is approximately $40/week or $9/day.

Alayne Dolson, Program Director
Missoula YWCA Day Camp
1130 W. Broadway
Missoula, MT 59802

(406) 543-6691

MUSCULAR DYSTROPHY CAMP

SERVES:
Ages 6 through 22
Muscular Dystrophy(must be diagnosed to have one of forty MDA recognized diseases)

PROVIDES:
Music, Softball, Swimming, Wheelchair Sports, Fishing

"A week for kids who are free to be free."

This camp provides a good, warm, loving environment where acceptance happens naturally. The orientation is "fun" rather than intense relational counseling.

Activities include softball, soccer, swimming, music, fishing, drama, dancing, bowling, arts and crafts, baseball, and basketball.

A registered nurse is on duty at the camp and counselors are often firefighters with E.M.T. training. The counselor to camper ratio is 1 to 1.

Holly Bjornson, Camp Director
Muscular Dystrophy Camp
The Muscular Dystrophy Association
1931 Broadwater
Billings, MT 59102

(406) 652-5700

NORTH CENTRAL COUNCIL OF CAMP FIRE
CAMP TAWAHGANEO

SERVES:
Boys and Girls,
Kindergarten through
Twelfth Grade

PROVIDES:
Residential Camp,
Archery, Canoeing,
Swimming, Safety

Camp Tawahganeo is the resident camp operated by the North Central Council of Camp Fire for boys and girls kindergarten through the twelfth grade. This camp is located at the south end of Salmon Lake, approximately 140 miles west of Great Falls.

The campers live with a counselor in rustic cabins, or tents and teepees, in groups according to age and sex. Restrooms, main lodge, and nurses' facilities are also available for campers.

Two sessions are offered each summer: in 1987, from July 6 to 11 and July 13 to 18. Transportation is available at an additional charge.

Campers can choose activities such as campcraft, hiking, council fire, singing, dramatics, cookouts, swimming, overnight camping, nature lore, fishing and star gazing.

The facilities have some modifications for campers with physical disabilities. The camp staff includes a nurse who is on duty at all times.

Elvia Williams, Executive Director
North Central Council of Camp Fire
1925 Second Ave. South
Great Falls, MT 59405

(406) 452-8543

ROCKY MOUNTAIN ASSOCIATION
RETARDED CITIZENS DAY CAMP

SERVES:
19 years and older
All Disabilities

PROVIDES:
Arts and Crafts, Games,
Field Trips,
Special Olympics

Rocky Mountain Association of Retarded Citizens offers a day camp during the summer for developmentally disabled adults, as well as other disabled people in the community. This camp uses local parks and recreation areas as well as the Sheepshead Recreation Area for their activities.

Activities are offered at various levels to meet the needs of individuals and may include t-ball, softball, picnicking, field trips, arts and crafts, and Special Olympic training.

Jodel Petroni, Education Director
Rocky Mountain ARC Day Camp
Butte Sheltered Workshop
207 South Montana
Butte, MT 59701

(406) 723-6501

SKYLINE CENTER/CHILD AND FAMILY SERVICES
SUMMER DAY PROGRAM

SERVES:
Ages 2 through 21
Mentally and Multiply
Handicapped

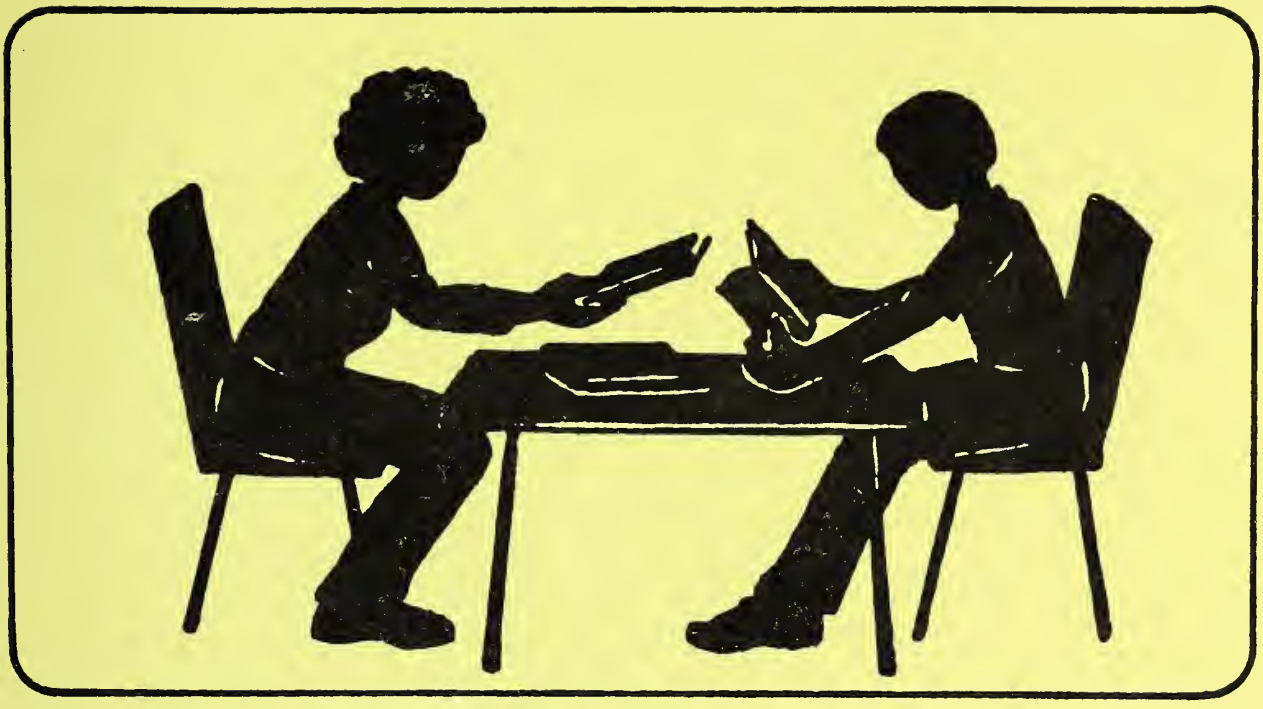
PROVIDES:
Summer School Program
Arts and Crafts,
Cooking, Swimming,
Picnics

In Great Falls, the Skyline Center and Region 2 Child and Family Services jointly run a summer school program for severely multi-handicapped students age 2-21. The program is primarily school-based with field trips and other recreational activities such as art, movies, picnics, swimming, and cooking being offered on a regular basis.

First priority for acceptance in this program goes to the local group home residents, then severe/profound mentally handicapped students from the public schools, followed by severe/profound mentally handicapped students from the school for the deaf and blind. Enrollment is limited to about 35.

Pat Berney, Director
Skyline Center Summer Day Program
3300 3rd St. Northeast
Great Falls, MT 59404

(406) 791-2270

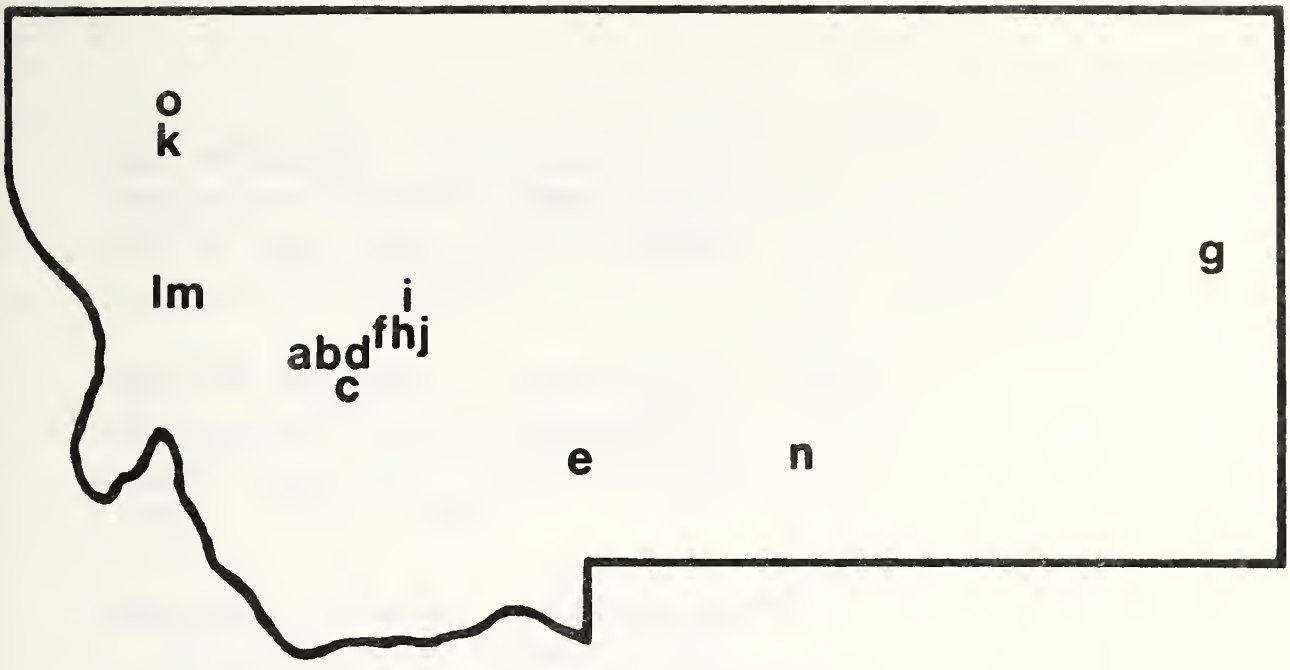


Recreation Therapists

RECREATION THERAPISTS

The people included in this section are the certified recreation therapists who are currently listed with us. These professionals have specialized knowledge and skills in providing therapeutic recreation services to persons with disabilities.

We have not attempted to list in this section the many excellent recreation activity directors and providers working throughout our state. However, such professionals are often identified within various program listings in this directory and should be considered additional sources of assistance in planning recreation and leisure activities.



RECREATION THERAPISTS

a. Ed Amberg
b. Helen Amberg
c. Debbie Bishop
d. Dave Casson
e. Cyndi Fonda Dabney
f. James Driggers
g. Diana Dusek
h. Sheila Franey
i. Bob Jordan
j. Gary Kirberg
k. Jan Moraczewski
l. Judy Murphy
m. Sandra Rae
n. Kathy Rump
o. Laura Tonkovich-Breur

ED AMBERG, Forensic Unit
Montana State Hospital
Warm Springs, MT 59756
(406) 693-7000

HELEN AMBERG, Geriatric Unit
Montana State Hospital
Warm Springs, MT 59756
(406) 693-7000

DEBBIE BISHOP, Therapeutic
Recreation Specialist
Ridge View Treatment Center
St. James Community Hospital
2500 Continental Drive
Butte, MT 59701
(406) 723-4341

DAVE CASSON
Montana State Hospital
Warm Springs, MT 59756
(406) 693-7000

CYNDI FONDA DABNEY, Activity Director
Eagle Mount
P.O. Box 3118
Bozeman, MT 59772
(406) 586-1781

JAMES DRIGGERS, Recreation Therapist
Montana Developmental Center
P. O. Box 87
Boulder, MT 59632
(406) 225-3311

(continued on next page)

DIANA DUSEK, Activity Director
Glendive Community Nursing Home
and Hospital
Prospect and Ames
Glendive, MT 59330
(406) 365-3306

SHEILA FRANEY, Recreation Supervisor
Montana Developmental Center
P. O. Box 87
Boulder, MT 59632
(406) 225-3311

BOB JORDAN, Director
Activities Unlimited, Inc.
P.O. Box 324
Helena, MT 59624
(406) 444-2265
(406) 442-7809

GARY KIRBERG, Recreation Therapist
Montana Developmental Center
P. O. Box 87
Boulder, MT 59632
(406) 225-3311

JAN MORACZEWSKI, Therapeutic
Recreation Specialist
Glacier View Hospital
200 Heritage Way
Kalispell, MT 59901
(406) 752-5422

JUDY MURPHY, Therapeutic
Recreation Director
Community Hospital Rehab. Center
2827 Fort Missoula Road
Missoula, MT 59801
(406) 728-4100

(continued on next page)

SANDRA RAE, Therapeutic
Recreation Specialist
Community Hospital Rehab. Center
2827 Fort Missoula Road
Missoula, MT 59801
(406) 728-4100

KATHY RUMP
Adaptive Aquatics
HPER - Eastern Montana College
1500 North 30th
Billings, MT 59101
(406) 657-2370

LAURA TONKOVICH-BREUR, Ski Instructor
P. O. Box 2081
Whitefish, MT 59937
(406) 862-4603

Recreational Areas

RECREATIONAL AREAS

Montana is unique in the amount and variety of recreation land available for public and private use. Our state offers a spectrum ranging from high remote lakes to highly used, easily accessible picnic areas. To attempt to provide a comprehensive listing and accessibility guide of these recreation areas is beyond the scope of our project. In this section, we will try to guide you to resources that can assist you with more specific information.

Entries for this section include National Parks, National Forests, Bureau of Land Management lands, State Parks, ski resorts, and privately owned and operated facilities.

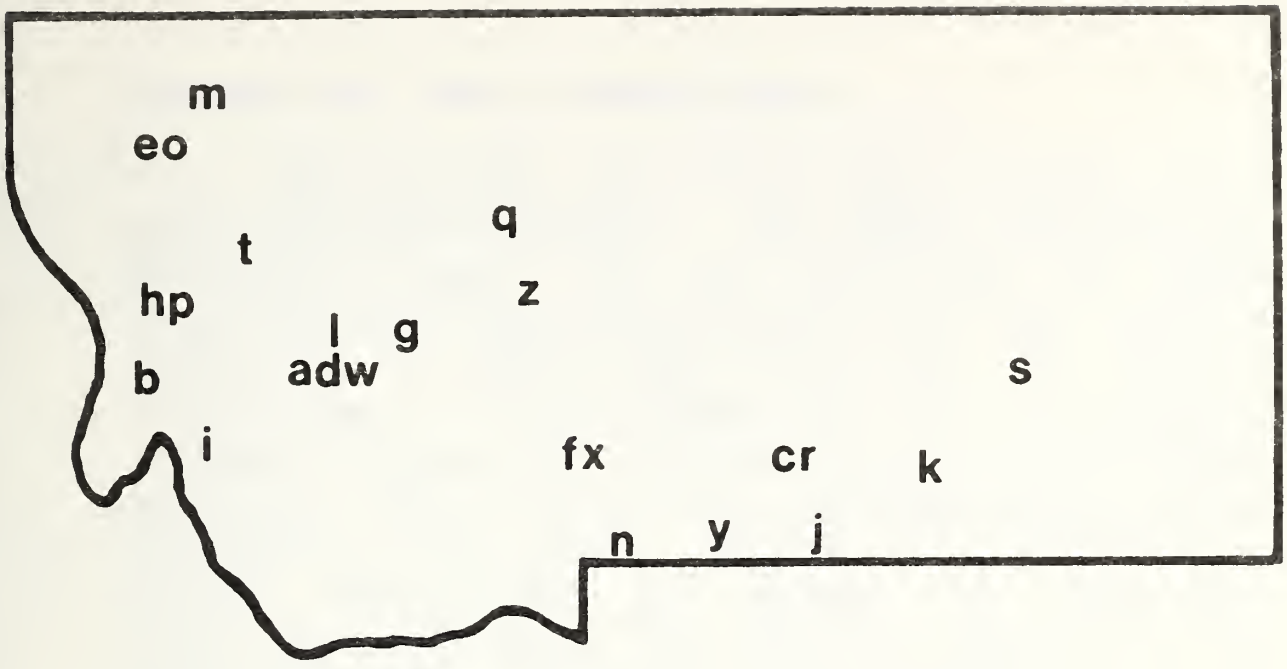
The administrators of these areas have provided us with some information on the types of modification that have been made to existing facilities. We have also attempted to list some of the more accessible areas administered by each of these agencies, but we offer no guarantee of accessibility.

As several administrators have pointed out, despite a restroom being designated as "handicapped accessible", many obstacles may in fact prevent a person in a wheelchair from using the facility. Perhaps the best use of information presented in this section would be in selecting possible outdoor recreation sites and using the contact names and addresses to obtain more specific information that may be necessary to insure your comfort, safety, and pleasure.

A number of the administrators mentioned a desire to hear constructive criticisms from persons with disabilities who use these areas.

(continued on next page)

There are, at this time, state and local projects that are attempting to improve the recreational accessibility in their areas and to develop accessibility guides for those areas. One such project combines the efforts of the Lolo National Forest Recreation Supervisors and the personnel of Mountain Dog in Missoula.



RECREATIONAL AREAS

a. Bureau of Land Management areas

b. Bitterroot National Forest
c. Custer National Forest
d. Deerlodge National Forest
e. Flathead National Forest
f. Gallatin National Forest
g. Helena National Forest
h. Lolo National Forest

i. Big Hole National Battlefield
j. Bighorn Canyon National Rec.. Area
k. Custer Battlefield National Monument
l. Grant-Kohrs Ranch Nat. Historic Site

m. Glacier National Park
n. Yellowstone National Park

o. State Parks Division, Region 1
p. State Parks Division, Region 2
q. State Parks Division, Region 4
r. State Parks Division, Region 5
s. State Parks Division, Region 7

t. Holland Lake Lodge
u. Montana Power Company (Kerr Dam Area)
v. Optimist Handicapped Park
(See "Specialized Recreational Areas")

SKI AREAS
w. Beef Trail Ski Area
x. Bridger Bowl
y. Red Lodge Mountain
z. Showdown Ski Area

BUREAU OF LAND MANAGEMENT

The Bureau of Land Management is a multiple-use agency. In their recreation program they try to provide as many recreation opportunities as the public demands within the context of their resources. Developments are provided, within financial restraints, to further protect the resources themselves, thus allowing more use. Prior to improving a site, assurance is sought to indicate that the BLM will be able to maintain the development. Without this assurance the BLM may be forced to limit the use of a site, or close it, in order to protect the resource.

DIVIDE BRIDGE

This day-use only site is appropriate for fishing, hunting, swimming, picnics and boat launch (kayaks, canoes, rafts, McKenzies, etc.). The topography is level. A campground, with a similar boat launch, is located one-quarter mile downstream from the day-use area.

HA-Fireboxes, Toilets

SOUTH MADISON

This facility is available for day and overnight use. Picnics, walking, hiking, fishing, hunting, and swimming are appropriate activities. Kayaks, canoes, and rafts may be launched at the day-use site.

HA-no specific handicapped accessible modifications

(continued on next page)

HOLTER LAKE

On Holter Lake, this campground features a boat launch for all types of boating activities. Fishing, swimming, and picnics are typical recreation activities.

HA-Fireboxes

WEST MADISON

This campground is appropriate for fishing, hunting, kayaking, canoeing, and rafting.

HA-no specific handicapped accessible modifications

RUBY RESERVOIR

This is a day-use only site designed for fishing and swimming with boat launch facilities. Boating may range from canoes and kayaks to sail and motorboats.

HA-no specific handicapped accessible modifications

RED MOUNTAIN

Picnics, fishing, hunting, swimming, kayaking, canoeing, rafting, and camping are appropriate activities at this facility.

HA-no specific handicapped accessible modifications

Darrell L. McDaniel, Outdoor Rec. Planner
Bureau of Land Management
P.O. Box 3388
Butte, MT 59702

(406) 494-5059

BITTERROOT NATIONAL FOREST

Generally the only contribution provided through Bitterroot National Forest is the availability of sanitation facilities at campgrounds.

As new facilities are built, or older ones reconstructed, the Bitterroot National Forest is gathering input from persons with disabilities and concerned groups in order to improve accessibility.

One site being focused on in this way is the Lake Como facility.

Chuck Troxel, Recreation Staff Officer
Bitterroot National Forest
316 N. Third Street
Hamilton, MT 59840

(406) 363-3131

CUSTER NATIONAL FOREST

The Custer National Forest strives to provide a broad spectrum of outdoor recreation opportunities to the public. Thus efforts to improve accessibility and utility for the disabled have been concentrated at the Wild Bill Lake facility. All forest campgrounds have handicapped accessible sanitary facilities. Future efforts will aim at removal of barriers within campgrounds, designation of parking areas and campsites, and improved access to trails.

WILD BILL LAKE

This facility lies in a beautiful mountain valley in the main Rock Creek Drainage at about 6000 feet. The lake has wooden fishing decks, ramps, paved parking,and accessible toilets. Custer National Forest has a special stocking arrangement with State Fish and Game to enhance the fishing opportunities.

HA-Designated Parking, Picnic Tables, Water Faucets, Toilets, Fishing

WOODBINE CAMPGROUND

This facility offers picnic as well as overnight opportunities.

HA-Designated Parking, Toilets

PARKSIDE CAMPGROUND COMPLEX

This facility offers a flat terrain, fishing and hunting, and diverse recreation options for winter and summer, picnic or overnight.

HA-Toilets

(continued on next page)

RED SHALE CAMPGROUND

This facility offers hunting, horseback riding, and cross country skiing. Day or overnight use is appropriate.

HA-Toilets, Campsite

EKLAKA PARK CAMPGROUND

This facility is available for day or overnight use. Hunting, hiking, snowmobiling, horseback riding, and crosscountry skiing are some of the recreational uses appropriate at this facility.

HA-Toilets

SHERIDAN/RATINE CAMPGROUND

This facility is open for day or overnight use and offers hunting, fishing, hiking, backpacking, snowmobiling and skiing.

HA-Toilets.

Michael Beckes, Recreation Staff Officer
Custer National Forest
2602 First Avenue North
P.O. Box 2556
Billings, MT 59103

(406) 657-6361

DEERLODGE NATIONAL FOREST

DEERLODGE
National Forest

SHEEPSHEAD MOUNTAIN REC. AREA

The Deerlodge National Forest offers Sheepshead Mountain Recreation Area as an outstanding example of a recreation facility designed specifically with disabled users in mind. Day and overnight use are available. Two and a half miles of Handicapped Accessible trails, accessible fishing, modified camping units, several streams, a wading pond, ball fields, horseshoe pits, a volley ball court and access to Maney Lake make this an exciting recreation area for persons with disabilities.

HA-Designated Parking, Telephone, Picnic Tables, Fireboxes, Water Faucets, Toilets, Trails, Fishing, and Camping Units.

Merrill Davis, Butte District Ranger
Deerlodge National Forest
2201 White Blvd.
Butte, MT 59701

(406) 494-2147

FLATHEAD NATIONAL FOREST

Flathead National Forest recommends the following sites for outdoor enthusiasts with disabilities.

BEAR CREEK TRAILHEAD

Available for walking, hiking, backpacking, horseback riding, hunting, kayaking, canoeing, and rafting.

HA-None

SWAN LAKE CAMPGROUND

Maintains five-modified camping units, a level topography, five-modified picnic tables, accessible fireboxes, and toilets.

HA-Camping Units, Picnic Tables, Fireboxes, Toilets

SWAN LAKE PICNIC GROUND

Due to the location on the shore of Swan Lake, water sports are appropriate. It should be noted that this does not imply services are provided through Helena National Forest. This is a day-use only facility.

Activities available include bird watching, hiking, fishing, swimming, scuba-diving, and boating.

HA-Picnic Tables, Fireboxes, Toilets, Trails

Pat Connors
Flathead National Forest
1435 Third Avenue East
P.O. Box 147
Kalispell, MT 59901

(406) 755-5401

GALLATIN NATIONAL FOREST

The focus of the Gallatin National Forest is to offer recreation opportunities ranging from wilderness camping, to boating, to developed sites. Some trails, and most of the developed sites, are designed to provide barrier-free access to toilets and other facilities. At many of the campgrounds one campsite is being redesigned and reserved for disabled campers.

PALISADE FALLS NATURE TRAILS

This facility has been designed with blind people in mind. Interpretive signs along the way are in braille. This a day-use only facility.

HA-Designated Parking, Picnic Table, Fireboxes, Toilets, Trails, Braille Signs

SUCE CREEK PICNIC GROUND

This is a day-use only facility appropriate for hiking, walking, backpacking, horseback riding, and cross country skiing. The topography is considered moderate.

HA-Designated Parking, Toilets

BAKER'S HOLE CAMPGROUND

A level terrain, fishing, and modified camp sites are available.

HA-Designated Parking, Picnic Tables, Fireboxes, Water Faucets, Toilets, Camp Sites

EARTHQUAKE VISITOR CENTER

The center offers trails for walking and nature study. Day-use only.

HA-Designated Parking, Telephone, Water Faucets, Toilets

James "Mike" Williams, Staff Official
Gallatin National Forest
10 East Babcock St.
P.O. Box 130
Bozeman, MT 59771 (406) 587-6747

HELENA NATIONAL FOREST

The Helena National Forest has no formal programs for persons with disabilities at this time, however, they do maintain two handicapped-accessible campgrounds.

VIGILANTE CAMPGROUND

This campground offers cross country skiing, dog sledding, hunting, fishing, horseback riding, hiking, nature study, backpacking, and rock-climbing. It is available for tent camping as well as trailers and RVs.

HA-Toilets

BLACKFOOT CAMPGROUND

This is a very attractive minimum facility site, and is primarily used for day use, but overnight use is allowed. Nature study, birdwatching, hiking, backpacking, horseback riding, snowmobiling, all terrain vehicles, cross country skiing, dog sledding, fishing, hunting, and swimming are available activities.

HA-Toilets

Gordon Gray, Recreation Staff Officer
Helena National Forest
Federal Building
Drawer 10014, Room 334
Helena, MT 59626

(406) 449-5083

LOLO NATIONAL FOREST

The Lolo National Forest offers persons with disabilities the opportunity to enjoy a spectrum of outdoor recreation all year round in a variety of areas ranging from high remote lakes to developed camping and picnic grounds.

The Lolo National Forest's work on providing truly accessible sites expressing the diversity of Montana's natural beauty is encouraging and worthy of note.

CAMP GRAND MENNARD PICNIC GROUNDS

These grounds offer an accessible recreation area, good for large group activities and open field games. A fitness trail encircles the picnic area.

HA-Picnic Tables, Fireboxes, Water Faucets, Toilets, and Trails

CANOE TRAIL

Provides an access to the Clearwater River with a return loop. People who make use of wheelchairs would need assistance. Beautiful setting, excellent for nature study, birdwatching, and fishing.

HA-No Specific Accessibility Modications

FORT FIZZLE PICNIC AREA

This picnic area is adjacent to the Lewis and Clark Trail and historic Fort Fizzle. Wheelchairs can access the creek for on-site fishing.

HA-Picnic Tables, Fireboxes, Water Faucet, Toilets, Trails, and Fishing

(continued on next page)

LAKE ALVA

This is a well developed, highly used campground. It offers a large lake for boating, fishing, and swimming.

HA-Picnic Tables, Fireboxes, Water Faucet, Toilets, Trails, and Camping Units

MISSOULA SMOKEJUMPER VISITOR CENTER

The Center offers displays of smoke jumping (background, procedure and equipment) seven days a week, between 5/1 and 9/30. Appointments are needed for guided tours during the rest of the year.

HA-Toilets

MOORE LAKE

This is a very high, very remote lake site at which one trail has been modified for wheelchair accessibility. The surrounding environment is beautiful. Overnight camping is available.

HA-Fireboxes, Toilet, Trail, and Camp Unit

SEELY LAKE

Campground and picnic areas are located on Seely Lake approximately 3 miles northwest of Seely. It is a highly used recreation area.

HA-Picnic Tables, Fireboxes, Toilets, Trails, Water Faucet, and Camp Units

Jerry Covault
Lolo National Forest
Building 24
Fort Missoula
Missoula, MT 59801

(406) 329-3750

BIG HOLE NATIONAL BATTLEFIELD

The Big Hole National Battlefield offers a visitor center, museum, slide show, and two hiking trails of the battlefield as part of their interpretive facilities of the battle between the Nez Perce Indians and the U.S. 7th Infantry.

Fishing, hiking, photography, walking, and snow skiing are recreational options at this facility.

Accessible ramps, curb cuts, and restrooms are provided for the convenience of handicapped visitors.

This is a Federal Entry Fee Area: $1.00 per person or $3.00 per vehicle.

Alfred W. Schulmeyer, Superintendent
Big Hole National Battlefield
P.O. Box 237
Wisdom, MT 59761

(406) 689-3155

BIGHORN CANYON NATIONAL REC. AREA

Staff park interpreters can provide programs or tours which inform people about cultural and natural resources found in this area. A variety of such interpretive programs are available on subjects such as wildlife, early history, late history, ecology, plant life, and geology. These are presented at campfire programs and hikes; off-site programs also are available at the visitor center auditoriums.

Boating, fishing, swimming, picnicking, hiking, and nature study are available activities at Bighorn Canyon National Recreation Area.

For information on accessibility of specific sites, please contact:

Theo Hugs, North District Interpreter
Ron Terry, South District Interpreter
Bighorn Canyon National Rec. Area
P.O. Box 458
Fort Smith, MT 59035

(406) 666-2412-North
(407) 584-2251-South

CUSTER BATTLEFIELD
NATIONAL MONUMENT

SERVES:
All Ages
Developmentally
Disabled

PROVIDES:
Interpretive Programs,
Museum Exhibits

This facility offers interpretive programs and museum exhibits of this famous battlefield.

Guides present interpretive and demonstrative programs about the Battle of Little Big Horn and the lifestyles of the Indians and soldiers involved; these programs take place on the patio where visitors with disabilities can easily be accommodated. There is, however, no handicapped access to the theatre where documentary films are shown.

Handicapped parking, curb cuts, accessible ramps, and accessible restrooms are available.

Dennis Ditmanson, Superintendent
Custer Battlefield National Monument
P.O. Box 39
Crow Agency, MT 59022

(406) 638-2621

GRANT-KOHRS RANCH
NATIONAL HISTORIC SITE

SERVES:
All Ages
Developmentally
Disabled

PROVIDES:
Tour Guides,
Visitor Center

This facility is considered a "Living Museum" of the frontier cattle industry from the 1860's to 1930's. It includes a furnished, 23-room, Victorian house, bunkhouse, barns, ranch animals, horse-drawn vehicles, ranching demonstrations, and a Visitor Center.

Each year, more is done to improve the accessibility of the site. Electric carts for visitors with walking disabilities, wheelchairs for loan, and portable ramps are available.

Tour guides have some training in offering experience for the visually-impaired, hearing-impaired, and persons with other disabilities. Restrooms and drinking fountains are accessible.

Cheryl Clemmensen, Chief of Interpretation and Resource Mgmt.
Grant-Kohrs Ranch Nat. Historic Site
Box 790
Deer Lodge, MT 59722

(406) 846-2070

GLACIER NATIONAL PARK

Glacier National Park maintains a policy specifying that they will provide accessible facilities and programs allowing visitors with disabilities to use and appreciate each of Glacier's unique lifezones. In an effort to turn this policy into reality, they offer a variety of facilities and programs designed to meet the needs persons who are visually, hearing, or mobility impaired.

For a listing of specific sites that have been rated according to accessibility level please contact the Special Populations Coordinator at the address provided below.

APGAR VISITOR CENTER

This visitor center offers designated parking, accessible toilets, and asphalt trails (bike paths) suitable for walking and bird watching.

Recordings of park brochure text, a small scale relief map, tactile nature items, and 'Naturalist's Knapsack' (a hands-on outdoor program) are available for persons who are visually impaired.

HA-Designated Parking, Toilets, Telephones, Trails.

ST. MARY VISITOR CENTER

Much of the information listed above is also true for this visitor center. In addition, St. Mary Visitor Center offers an automated informational audio/visual program.

There is an accessible campground about a half mile away from this facility.

HA-Designated Parking, Water, Telephone, Toilets.

(continued on next page)

TRAIL OF THE CEDARS

This boardwalk and asphalt trail begins at the Avalanche Campground and provides 4,000 linear feet of fairly level topography suitable for nature study, bird watching, and walking.

There are picnic facilities adjacent to this trail (not modified).

HA-Designated Parking, Water, Toilets, Trails.

Robert Dunkley
Special Populations Coordinator
Glacier National Park
Box 128
West Glacier, MT 59936

(406) 888-5441

YELLOWSTONE NATIONAL PARK

Yellowstone National Park offers a unique view of wildlife, geology, and thermal areas. Yellowstone has developed a number of campgrounds, picnic areas, viewing trails, lodges and stores that are accessible to the handicapped. Work is under way to develop facilities for various handicapping conditions as existing facilities are upgraded.

Your comments on accessibility are encouraged.

Write to the address provided below for a copy of Yellowstone National Park-Guide to Accessibility for the Handicapped and Yellowstone Today.

The following sites have been recommended as especially attractive areas with good handicapped accessibility.

FISHING BRIDGE CAMPGROUND

Only "hard-sided" camping units are allowed. Permits are required for boating and fishing. Evening interpretive programs are offered.

HA-Toilets, Water, Camp Sites, Telephones.

MADISON CAMPGROUND

Fishing is permitted but boatting is not allowed on the rivers. Evening interpretive programs are offered in the campground.

HA-Camp Sites, Toilets, Water, Telephones.

MAMMOTH VISITOR CENTER

Museum and exhibits of the wildlife, history, and exploration of the Park. Open until 9:00 p.m.

HA-Toilets, Designated Parking

(continued on next page)

CANYON VISITOR CENTER

Exhibits of geological features. Open until 9:00 p.m.

HA- Toilets, Designated Parking

UNCLE TOM'S & ARTIST POINT

These accessible overlook sites offer the best views of Upper and Lower Falls.

HA-No accessible facilities

CRESTED POOL-CASTLE GEYSER

An asphalt trail (2/10ths of a mile) allows viewing of these thermal sites.

FIREHOLE LAKE DRIVE

Provides an interpretive trail for the blind along an accessible trail suitable for wheelchairs. Experience thermal features through other sensory modalities.

Also--BLACK SAND BASIN, BISCUIT BASIN, MUD VOLCANO AREA, and, of course, OLD FAITHFUL

Bob Brockwehl
Handicapped Access Coordinator
Yellowstone National Park
Wyoming, 82190

(307) 344-7381

PARKS DIVISION, REGION 1

LONE PINE STATE PARK AND VISITOR CENTER

This facility provides an interpretive trail that is handicapped accessible. Nature study, bird watching, hiking, horseback riding, cross country skiing and sledding are appropriate activities. Day-use only.

HA-Designated handicapped parking, Telephone, Picnic Tables, Fireboxes, Water Faucets, Toilets

WHITEFISH LAKE STATE REC. AREA

This facility offers day and/or overnight use, a boat launch, fishing, and swimming.

HA-Designated Parking, Picnic Tables, Fireboxes, Water Faucets, Toilets, Fishing, Swimming

BITTERROOT LAKE STATE REC. AREA

Overnight or day use, swimming, fishing, scuba-diving, boat launch, and a variety of boating activities are appropriate at this site.

HA-Designated Parking, Picnic Tables, Fireboxes

Terry Kanupp
Parks Division, Region 1
P.O. Box 67
Kalispell, MT 59901

(406) 755-5505

PARKS DIVISION, REGION 2

COUNCIL GROVE

This facility offers fishing, a carry-in boat launch, canoeing, rafting, and picnic units. It is a day-use only facility.

HA-None

LOST CREEK STATE PARK

Overnight as well as day-use are available at this facility. A paved trail for nature study is provided.

HA-Nature Study Trail, Designated Parking

PLACID LAKE STATE RECREATION AREA

Fishing, swimming, a boat launch, and a variety of boating activities are appropriate at Placid Lake. Camping as well as day-use is available.

HA-Designated Parking

SALMON LAKE STATE RECREATION AREA

Swimming, fishing, a boat launch, and boating activities ranging from kayaking to waterskiing are appropriate at this day and/or overnight facility.

HA-Designated Parking

Tom Greenwood
Parks Division, Region 2
3201 Spurgin Road
Missoula, MT 59801

(406) 542-5500

PARKS DIVISION, REGION 4

Due to budget restraints, Region 4 offers very limited facilities for perons with disabilities. At most sites, handicap latrine access and parking are the only modifications offered.

GIANT SPRINGS STATE PARK

This facility offers cross country skiing, sledding, fishing, nature study and bird watching. It is a day-use only facility.

HA-Designated Parking

LEWIS AND CLARK OVERLOOK

Offers trails suitable for nature study, bird watching and walking. This is a day-use only facility.

HA-Designated Parking

NILAN RESERVOIR

Camping as well as day use are available at Nilan Reservoir. A paved boat launch, canoeing, rafting, sailing, waterskiing, swimming, fishing, ice sledding, walking, bird watching and nature study are appropriate activities.

HA-Latrine (by late Sum. 1987)

PELICAN POINT FISHING ACCESS SITE

This is a day-use only facility. A boat launch for kayaks, canoes, and rafts is provided. Fishing, hunting, swimming and trails for bird watching, nature study and walking are available.

David D. Todd, Park Manager
Debbie Cheek, Assistant
Parks Division, Region 4
Rural Route 4041
Great Falls, MT 59405

(406) 454-3441

PARKS DIVISION, REGION 5

All of the areas listed below are somewhat similar in that they are all designed like the National Park System. They tell the story about the area through interpretive plaques for short visits (usually from half an hour up to a full hour). There is a museum at Chief Plenty Coups State Monument depicting Crow Culture. Prairie Dog Town is a great place to view the dogs; the Pictograph Caves are full of history and Natural Bridge Monument is a beautiful place.

COONEY RESERVOIR STATE REC. AREA

This facility is available for day and overnight use. Fishing, hunting, swimming, boating, snowmobiling, dog sledding, ice skating, cross country skiing, rock climbing, hiking, nature study, and backpacking are available activities through this facility.

HA-None

NATURAL BRIDGE STATE MONUMENT

Day-use only. Nature study, bird watching, walking, and hiking.

HA-Designated Parking

PRAIRIE DOG TOWN STATE MONUMENT

Day-use only. Nature study, bird watching, walking, and hiking.

HA-Designated Parking

(continued on next page)

CHIEF PLENTY COUPS STATE MONUMENT

Day-use only. Fishing, hiking, walking, bird watching, nature study, and picnics.

HA-Designated Parking, Fireboxes, Museum

PICTOGRAPH CAVES STATE MONUMENT

Day-use only, nature study, bird watching, walking, hiking, and picnics.

HA-Designated Parking

Ray Berntsen, Regional Park Manager
Parks Division, Region 5
1125 Lake Elmo Drive
Billings, MT 59105

(406) 252-4654

PARKS DIVISION, REGION 7

The Department of Fish, Wildlife and Parks Division provides a nature resource setting for individual recreational pursuits in State Parks, Natural Areas, Historic Sites, Water-based Recreation Areas, and Fishing Sites. Generally these areas have minimal development, including developments for the disabled.

ROCK CREEK STATE RECREATION AREA

Overnight and day-use are appropriate at this facility. Activities may include ice skating, fishing, hunting, swimming and scuba-diving.

HA-None

MEDICINE ROCKS STATE PARK

Cross country skiing, hiking, and hunting are options at this State Park. Day and overnight use. The Park Manager informed us that accessibility is very limited due to the sand, but it does provide a beautiful scenic drive.

HA-None

MAKOSHIKA STATE PARK

Available for overnight and day-use, hunting, sledding, dog sledding, cross country skiing, backpacking, hiking, horseback riding, bird watching and nature study. This park in the Bad Lands offers poor facilities for the disabled but a spectacular scenic drive and great view.

HA-None

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ROSEBUD BATTLEFIELD STATE MONUMENT

This is a undeveloped 2000 acre battlefield that served as a prelude to the Custer fiasco. Horseback riding, hunting, and hiking are available activities.

HA-None

HELL CREEK ST. PARK

Camping and day-use are available at this facility. Kayaking, canoeing, wind surfing, sailing, water skiing, swimming, fishing, hunting and ice skating.

HA-Telephone, Fireboxes, Water Faucets, Ice Skating, Fishing

Doug Monger, Parks Manager
Parks Division, Region 7
P.O. Box 430
Miles City, MT 59301

(406) 243-4365

HOLLAND LAKE LODGE

SERVES:
All Ages
All Disabilities

PROVIDES:
Lodging, Dining,
Boat Rentals, Horses,
Hunting, Outfitting

A wide range of recreational activities are available through the facilities and services provided by Holland Lake Lodge. The Lodge, one cabin and the swimming dock have all been modified for wheelchair access. Swimming, boating, fishing, hiking, skiing, hunting, horseback riding, and other activities are available at this facility.

While outfitting and guided activities are part of the services available, Holland Lake Lodge has no specific staff for providing recreation to the disabled. Persons with disabilities must provide their own attendants, counselors, or medical supervisors if needed.

Howard and Loris Uhl, Owner/Operators
Holland Lake Lodge
Swan Valley SR - Box 2083
Condon, MT 59826

(406) 754-2282

MONTANA POWER COMPANY

Montana Power Company provides public recreation where it is compatible with the physical resource and with the operation of its hydro-facilities. Where it is possible, and a need is determined, recreation areas have been developed. MPC either manages the areas or enters into a cooperative agreement with local state or federal agencies who manage them. Whenever sites are due to be re-licensed with the Federal Energy Regulatory Commission, their recreation status is reviewed with consideration given to the needs of disabled persons.

KERR DAM RECREATION AREA

MPC is developing the Kerr Dam Recreation Area which will be under construction from September through December 1987. This will be the first recreation area designated by MPC to facilitate the recreation of disabled people. Fishing, walking, and extremely challenging white water rafting and kayaking will be featured at this area. The topography is quite steep and dangerous, but some of the trails will be handicapped accessible.

HA-Picnic Tables, Water Faucets, Toilets, Trails

Elvin Fitzhugh, Rec. Resources Specialist
Montana Power Company
40 East Broadway
Butte, MT 59701

(406) 723-5421

SKI AREAS

Of the fifteen Montana ski areas surveyed, many provide services for persons with disabilities. However, only four have chosen to be listed in the directory at this time.

BEEF TRAIL SKI AREA

This area uses T-bar type lifts rather than chairlifts. It is open to anyone who can use the facilities. The facilities have few specific modifications, but the management is willing to try accomodating any person with physical disabilities.

Roger Bake, President
Beef Trail Ski Area
2900 Sheridan
Butte, MT 59701
(406) 494-7000

BRIDGER BOWL

Ski
BRIDGER BOWL

This facility in Bozeman, MT works in conjunction with **Eagle Ski** (see listing for **Eagle Mount**) and provides opportunities for disabled skiers.

Early Coates, Marketing Director
Bridger Bowl
15795 Bridger Canyon Rd.
Bozeman, MT 59715
(406) 587-2111

(continued on next page)

RED LODGE MOUNTAIN

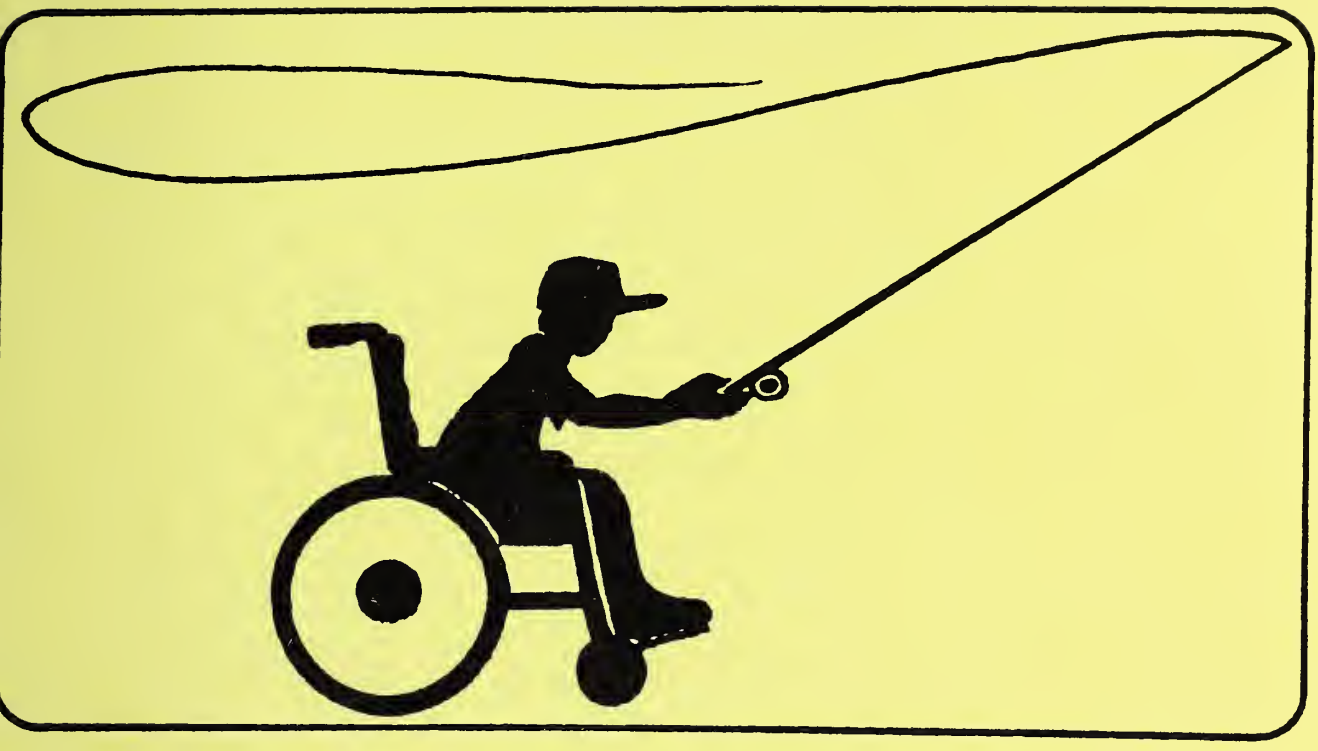
Staff at Red Lodge Mountain Ski Area have worked with developmentally disabled, blind, and occasionally, physically disabled skiers. While there is no specific program for the disabled at this time, this facility has employed special education teachers as part-time ski instructors.

Bud Ridenour, Director of Skiing
Red Lodge Mountain
Drawer R.
Red Lodge, MT 59068
(406) 446-2610

SHOWDOWN SKI AREA

At Showdown Ski Area, the basic criteria for using the facilities are that one demonstrate the ability to use the available facilities (with or without assistance) and the ability to control speed and direction on all parts of the mountain.

Idaho Trenberth, Ski School Director
Showdown Ski Area
P.O. Box 92
Neihart, MT 59465
(406) 232-5522



Outfitters

OUTFITTERS

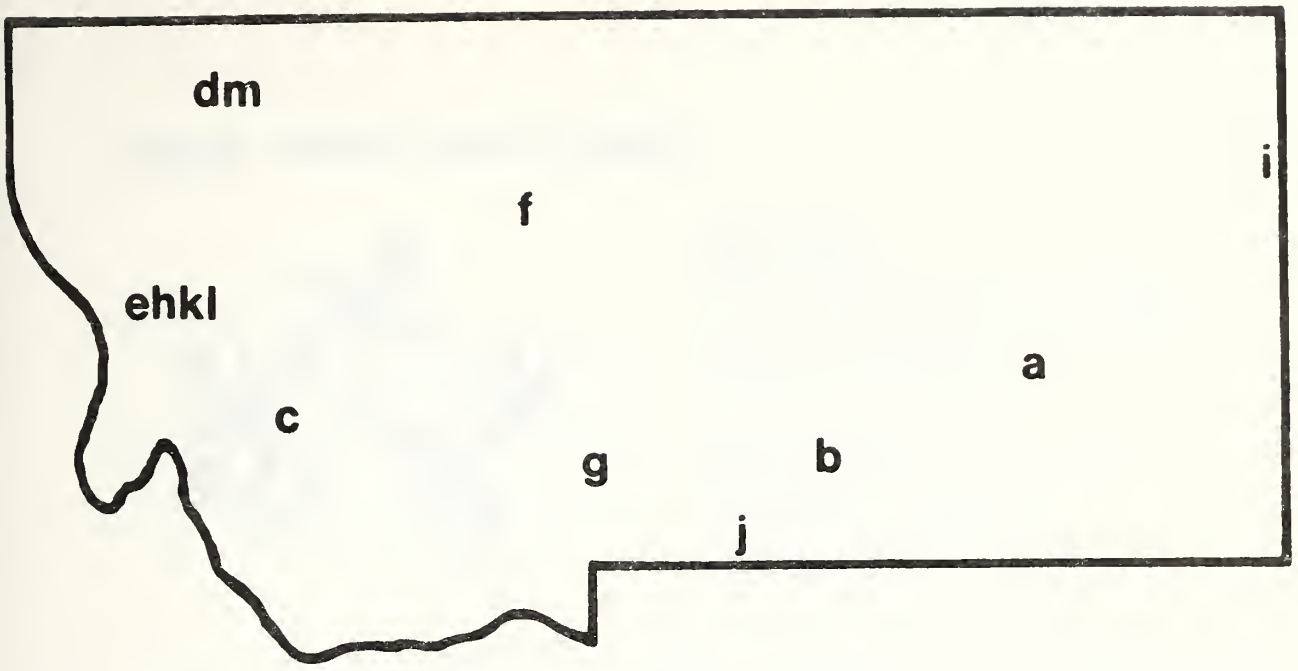
One of the most encouraging outcomes of this project was the enthusiastic response of outfitters to the possibility of providing services to persons with disabilities.

Many of the outfitters who contacted us were just in the initial stages of thinking through the types of services they felt they could offer to special populations. A good number of outfitters, who had not previously entertained the idea of serving persons with disabilities called with questions regarding how to provide services and where to find more information. A surprising number of outfitters let us know that they had been providing such services for some time.

The entries in this section represent those agencies that have existing facilities, equipment, enthusiasm and/or experience in serving persons who are disabled.

We would recommend that persons considering taking advantage of the services offered get in touch with the outfitter and share information on special needs and abilities. Ask for references and, if equipment and facility modifications are necessary, be sure that the specific types of accommodations you need are available.

At this point there are many outfitters who are excited about opening their services to include persons with various disabilities. Honest communication, constructive criticism, and networking information will build a strong foundation for future growth in this area.



OUTFITTERS

a. Blue Rock Outfitters
b. Bull Mountain Outfitters
c. The Complete Fly Fisher
d. Great Northern Whitewater Float Trips
e. The Montana Fisherman
f. Montana River Outfitters
g. The River's Edge
h. Rocky Mountain Whitewater
i. Rocky Niles
j. Seven C Quarter Circle Outfitters
k. Western Waters
l. Wilderness Outfitters (Smoke Elser)
m. Wild River Adventures

BLUE ROCK OUTFITTERS

SERVES:
12 years and older
Lower Body Physical
Disabilities

PROVIDES:
Archery and
Rifle Hunting

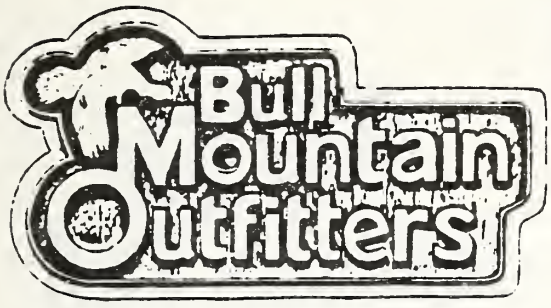
The owners of this outfitting service have four years experience working in a facility for disabled adults and five years of experience directing a program for disabled children.

Services offered include hunting for deer, antelope, and turkeys. Montana allows disabled hunters to shoot from vehicles. An emphasis of Blue Rock Outfitters is outfitting hunts for wheel chair bound, physically disabled persons.

Blue Rock Outfitters
Kurt Hughes
Tongue River Stage
Miles City, MT 59301

(406) 232-5250

BULL MOUNTAIN OUTFITTERS



SERVES:
All Ages
All Disabilities

PROVIDES:
Hunting, Fishing, Boating, Guides

Bull Mountain Outfitters offer excellent opportunities for hunting mule deer, white-tail,turkey, antelope, and elk, with rifle or bow, on 750,000 acres of privately owned ranchland. Bull Mountain is in South Central Montana, with scenic rimrock and Ponderosa Pine, and offers optimal game management.

Although the 4000 square foot lodge is not specifically modified for the handicapped, it should pose no major barriers. McKenzie river boats offer stability on the water for fishing and hunting.

Persons with medical problems may be required to provide their own attendants.

Mike Murphy, Licensed Outfitter
Bull Mountain Outfitters
2414 Brentwood
Billings, MT 59102

(406)-656-1117

THE COMPLETE FLY FISHER

SERVES:
10-80 years old
Physical Limitations, Deaf, Hearing Impaired, Respiratory Difficulties

PROVIDES:
Fly Fishing Resort, River Floating, Guides

The Complete Fly Fisher offers expert guiding, fly fishing instruction, lodging, gourmet dining, king-sized jacuzzi, and a well-stocked fly shop. The resort is situated on the banks of the Big Hole River in Southwestern Montana, and allows guests the option of fishing the Big Hole, Beaverhead, or Wise Rivers.

For persons with disabilities, The Complete Fly Fisher offers a special wheelchair accessible cabin, boat seats for wheelchair users, and a professional guide that has extensive rehabilitation training with persons who are quadriplegic or paraplegic.

Brochure and newsletters are available for those who desire more information.

David Decker, Owner
The Complete Fly Fisher
P.O. Box 105, Hwy 43
Wise River, MT 59762

(406) 832-3175

GREAT NORTHERN WHITEWATER FLOAT TRIPS

SERVES:
6 years and older
Physical, Mental, and
Perceptual Disabilities

PROVIDES:
River Rafting, Camping,
Fishing

Great Northern Whitewater, Inc. offers float trips, seminars, and educational river trips that focus on ecology and the natural and historic aspects of the Flathead River. Trips can be customized to meet individual needs and interests.

The staff takes a personal interest in all types of groups and persons, including disabled persons seeking a unique river experience. Trips may be arranged for calm or whitewater experiences, depending on individual skills, needs, and preferences. Great Northern Whitewater has, at this time, rafts that will meet the needs of persons with a variety of disabilities.

Facility modification and staff training programs are planned to insure the comfort and safety of guests with disabilities.

River Guides reserve the right to postpone or cancel trips if weather or water level pose a danger to guests.

Deedee Baldwin, Owner
Great Northern Whitewater, Inc.
P.O. Box 278
West Glacier, MT 59936

(406) 387-5340

THE MONTANA FISHERMAN

SERVES:
All Ages
Blind, Deaf,
Limited Physical
Disabilities

PROVIDES:
Day Fishing Trips,
Boat Fishing or
River Raft Fishing

This program includes a full day of fishing either floating or by motor boat. Each trip includes lunch and snacks, as well as soft drinks throughout the day. Guests need to provide their own transportation to Big Fork (for lake fishing) where they would be picked up at their motel and returned in the evening.

The goal of this service is to provide a quality trip based on the owner's determination to make the guest's trip "a vacation to remember." The outfitter also provides instruction and lots of tips for improving fishing techniques.

Carl Mann, Licensed Outfitter
The Montana Fisherman
3100 Brooks
Missoula, MT 59801

(406) 721-6839

MONTANA RIVER OUTFITTERS

SERVES:
3 years and older
Physical, Mental
and Perceptual
Disabilities

PROVIDES:
River Trips,
Guide Service

Montana River Outfitters provides guided river trips in the Great Falls area as well as around the state, including the Missouri, Sun, Dearborn, Smith, Blackfoot, Clark Fork, Yellowstone, Madison, and Big Hole Rivers. Canoe or raft trips may be custom planned to offer you the best hunting and fishing, white water excitement, scenic view, or historic perspective depending on your desires.

Some screening is done to assure the safety of clients. Due to the inherent danger of water sports, some persons with extreme disabilities might be required to supply their own attendant, or might be discouraged from taking the trip.

Craig Madsen
Montana River Outfitters
1401 5th Avenue South
Great Falls, MT 59405

(406)-761-1677

ROCKY MOUNTAIN WHITEWATER

SERVES:
All Ages
All Handicapping Conditions

PROVIDES:
Whitewater Rafting, Fishing

Rocky Mountain Whitewater offers not only Montana's finest Whitewater rafting, but relaxing family and fishing trips as well. This fishing and floating guide service provides special seats and slings in rafts to assure safety and comfort for clients with disabilities.

The majority of their floats are one-day trips on the Blackfoot, Bitterroot, and Clark Fork Rivers. Individual trips on other Montana rivers can be arranged.

If a person's handicapping condition requires constant supervision, it is the responsibility of the client to provide her/his own attendant.

Pat or Patty Doty, Owners
Rocky Mountain Whitewater
612 Minnesota
East Missoula, MT 59802

(406) 728-2984

THE RIVER'S EDGE

SERVES:
15 years and older
Physically disabled,
Blind, Deaf

PROVIDES:
Fly Fishing
Outfitting and
Guide Service

The River's Edge is a Fly Fishing Specialty Shop in Bozeman that also provides outfitting and guide services.

People with enough basic upper body strength and coordination for fly fishing are encouraged to make use of the outfitting services offered. Guides maintain advanced Red Cross and CPR skills and are experienced in meeting the needs of disabled persons.

"Many people feel that fly fishing is hard enough for people without physical handicaps, much less a disabled person. We feel that with proper help and attention we can share the pleasure and excitement of catching a wild trout on a fly."

Dave Corcoran & Greg Lilly, Owners
The River's Edge
2012 N. 7th
Bozeman, MT 59715

(406) 586-5373

ROCKY NILES

SERVES:
Any Age
Lower Body Physical Disabilities,
Hearing Impaired,
Respiratory Problems

PROVIDES:
Whitetail Deer Hunting

Rocky Niles is a licensed outfitter who will arrange whitetail deer hunting in Eastern Montana. His services include lodging and meals on guided deer hunts. The hunting method involves having the hunter on stand early and late with drives in mid-day.

Mule deer hunts could also be arranged for certain individuals depending on their disability.

Rocky Niles
Licensed Outfitter
Rt. 2-Box 2547
Fairview, MT 59221

(406) 747-5195

SEVEN C QUARTER CIRCLE OUTFITTERS

SERVES:
12 years and up,
Lower Physical
Disabilities,
Deaf, Mild to
Moderate MR

PROVIDES:
Wilderness Trips,
Hunting, Fishing,
Photography,
Sightseeing

Seven C Quarter Circle Outfitters provides a variety of recreational opportunities. Archery, backpacking, camping, bird watching, fishing, horseback riding, hunting, photography and cross-country skiing are all available through this outfitting service.

While some impairments may not be compatible with all of the activities offered through this outfitting service; the licensed professional guides will strive to provide the same opportunities to disabled outdoor enthusiasts as to nondisabled.

Dennis Chatlain, Outfitter-Owner
Seven C Quarter Circle Outfitters
P.O. Box 357
Red Lodge, MT 59068

(406) 446-3961

WESTERN WATERS

SERVES:
6 years to adult
Any Disability

PROVIDES:
Whitewater and
Fishing Guide

Western Waters is a whitewater and fishing guide service based in Missoula, Montana. The Clark Fork River offers top notch whitewater excitement. Breath-taking scenery and trophy trout fishing are available on the Bitterroot, Clark Fork, Madison, Jefferson, Big Hole, Big Horn, Beaverhead, Blackfoot, Yellowstone, Missouri, and Smith Rivers. Daily or extended trips are available.

Western Water operates specially modified large rubber rafts with wheelchair frames, a trailer with wheelchair hoist, and a sliding floor on the trailer that allows the loaded boat to slip into the water.

Handicapped people and their friends are well taken care of by guides with training in advanced first aid and CPR.

Jerry Nichols
Owner-Outfitter
333 Knowles St.
Missoula, MT 59801

(406) 728-6161

WILDERNESS OUTFITTERS

SERVES:
14 years and older
Physical Disabilities,

PROVIDES:
Guided Pack Trips,
Fishing, Camping

For the past five years, Smoke Elser's Wilderness Outfitters has been providing outfitting services to persons with physical disabilities. Wilderness Outfitters specializes in pack trips, with livestock, into the Bob Marshall wilderness. These trips are customized to meet the needs, interests, and expectations of the individuals making up the party.

Prospective clients have the opportunity to work with Smoke in planning where, when, and how far the trip will go. Wilderness Outfitters provides meals, gentle horses and trained pack animals, special saddles (when needed), and wranglers to help with the chores. A typical trip might be a three or four day trek, with a focus on fishing, arranged for a party of five.

Persons with disabilities may be asked to provide a sponsor (a person familiar with their specific needs) to assist them on the trip.

Smoke Elser, Owner
Wilderness Outfitters
3800 Rattlesnake Drive
Missoula, MT 59802

(406) 549-2820

WILD RIVER ADVENTURES

SERVES:
All Disabilities
All ages

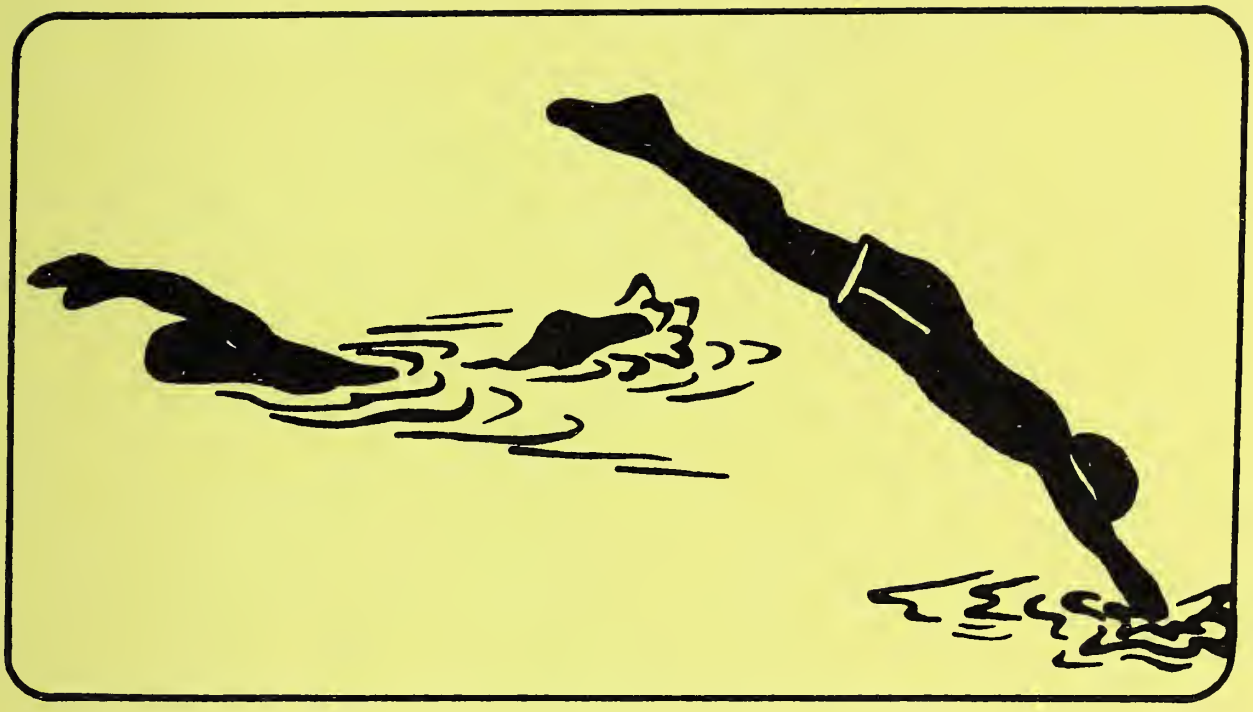
PROVIDES:
Whitewater rafting,
Guided fishing trips

Wild River Adventures works in conjunction with Activities Unlimited to provide whitewater rafting and fishing trips for persons with disabilities. Based in Wesst Glacier, this company provides exciting whitewater trips on the Middle Fork of the Flathead, the lower Flathead, and the Alberton Gorge of the Clark Fork. Fishing and scenic trips are available on the North Fork of the Flathead, the Smith, Missouri, Big Hole, Blackfoot, and Jefferson rivers.

Adapted equipment is available to allow people with a wide variety of disabilities to enjoy the pleasures of a whitewater or scenic float trip. An experienced recreation therapist is available to meet the individual needs of each customer. All of the guides are licensed by the state, and are certified in CPR and first aid.

Wild River Adventures has served a number of disabled customers from around the country and welcomes inquiries from individuals as well as groups.

Bob Jordan, Peter Steele, Owner/Operators
P.O. Box 272
West Glacier, Mt 59936
(406) 442-7809 (Sept.- May)
(406) 888-5539 (May - Sept.)



Parks and Recreation Programs

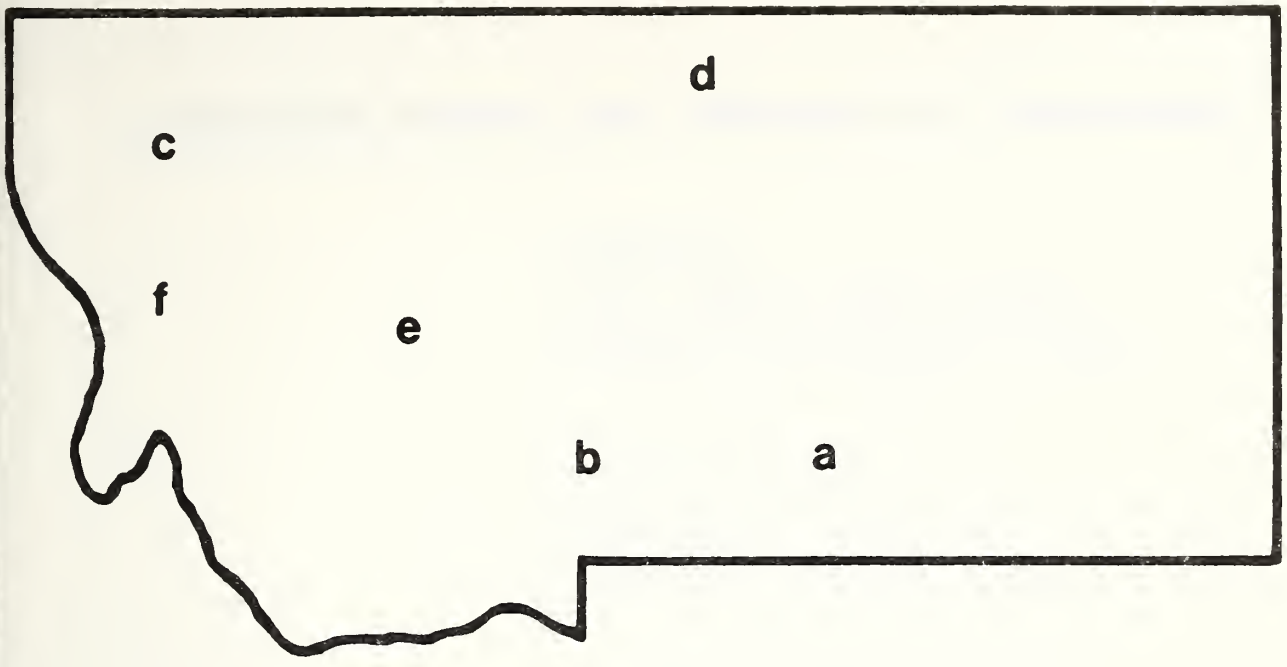
PARKS AND RECREATION PROGRAMS

The parks and recreation programs of cities and counties in Montana provide facilities and recreation options designed to meet community needs. These local governmental agencies may be combined as one Parks and Recreation Department, or they may take the form of two separate agencies.

The program staff interviewed were clearly enthusiastic about integrating persons with disabilities into current program options and/or creating options to meet the needs of the disabled; they were also interested in constructing or upgrading facilities to meet accessibility needs of persons with disabilities. This enthusiasm, it should be noted, was tempered by the awareness of state and local budget limitations.

It is our hope that the entries in this section will help to heighten awareness of existing programs and inspire individuals to participate in those programs that may meet their needs. A secondary goal in this area would be to reflect major program directions for persons with disabilities throughout the state in both recreation programming and facility development.

Specific program options are typically scheduled seasonally and may be changed year to year dependent on public response and participation. Facility development priorities reflect public concern and interest. In each of these areas the input of community members may directly affect the development of adequate and appropriate recreation options.



PARKS AND RECREATION PROGRAMS

a. Billings Parks and Recreation Dept.
b. Bozeman Recreation Dept.
c. Flathead County Parks and Recreation
d. Havre Recreation
e. Helena Parks and Recreation
f. Missoula Parks and Recreation Dept.

BILLINGS PARKS AND RECREATION DEPARTMENT

SERVES:
Six years and older
Physical disabilities

PROVIDES:
Sports, Physical Fitness
Leisure Activities

The Billings Parks and Recreation Department offers public recreation areas, a day camp, and recreational options to a variety of age groups and disabilities.

Activities may include: aerobics, physical fitness, movement education, softball, ice-skating, bowling, dancing, picnics, a range of music activities, arts and crafts (painting, drawing, knitting, and crocheting), billiards and pool, social groups, and other leisure options.

Joe Fedin, Recreation Superintendent
Billings Parks and Recreation
PO Box 1178
Billings,MT 59103

(406) 657-8371

BOZEMAN RECREATION DEPARTMENT

SERVES:
All ages
All disabilities

PROVIDES:
Swimming,
Youth sports,
Special interest classes

The city of Bozeman offers all of its programs and facilities to the disabled.

Two swimming pools are open for recreational swimming, programs for the disabled, therapy, and aerobics.

The Recreation Department offers youth special events, ice-skating, and special interest classes.

Other activities available throughout the Bozeman Recreation Department include: arts and crafts for youth, baseball and tee-ball, biking classes for youth, cross-country skiing, golf, kayaking, running, scuba-diving, soccer, softball, tennis, and volleyball.

Sue Harkin, Recreation Superintendent
Bozeman Recreation Department
PO Box 640
Bozeman, MT 59715

(406) 587-4724

FLATHEAD COUNTY PARKS AND RECREATION

SERVES:
Six years and older
Physical and Mental Disabilities

PROVIDES:
Arts and Crafts,
Snowmobiling,
Cross-country skiing

In Flathead County the Parks and Recreation Department enthusiastically encourages all persons to participate in a wide range of recreation options. Persons with disabilities are welcome in any outings or in any activities offered through this agency.

In addition, several activities have been established specifically to meet the needs of disabled persons. These include: arts and crafts, cross-country skiing, and an exciting "Snowmobile Fun Day."

The Snowmobile Fun Day is designed to help any persons with any disability or level of involvement to enjoy the beautiful scenery in the snow that is available in and around Flathead County. It provides a variety of options for people to be involved in the excitement of snowmobiling or just to enjoy spending some time during the winter months out of doors.

Roxanne Lee Ming, Recreation Coordinator
Flathead County Parks and Recreation
225 Cemetery Road
Kalispell, MT 59901

(406) 752-5300

HAVRE RECREATION

SERVES:
All ages
Physical and Mental
Disabilities

PROVIDES:
Wheelchair sports,
Swimming

The Havre Recreation Department encourages people to take advantage of opportunities to participate in the diverse activities available in the local parks. They are constantly attempting to find ways, within their means, to provide as many recreational opportunities as possible for the entire community.

The swimming pool is available to disabled persons during regular swim hours. This pool is also used by the school district's special education program.

Approximately twenty-five disabled and nondisabled people are involved in Havre's wheelchair basketball and floor-hockey league. Extra chairs have been donated to accommodate as many participants as possible.

In conjunction with the Havre Parks Department, a new park is under construction in town that will include an accessible fitness trail.

Dave Wilson, Recreation Director
Havre Recreation
PO Box 231
Havre, MT 59501

(406) 265-8161

HELENA PARKS AND RECREATION

SERVES:
All ages
All disabilities

PROVIDES:
Special Olympics,
Swimming pool,
Neighborhood center,
Accessible parks

The Helena Parks and Recreation Department is primarily geared toward development of facilities for public use and coordinating with local agencies and organizations to develop and implement programs. A major goal of the Helena Parks and Recreation Department is to continually work at upgrading existing areas and facilities to maximize accessibility.

This agency has five basic facility divisions: swimming pool, neighborhood center, downtown pedestrian mall, golf course, and parks. Each type of facility is available for use by any disabled person.

There are, at this time, 33 developed parks on Helena's Park Department list. Of those parks, Barney Park, Lincoln Park, and Memorial Park stand out as excellent options for disabled persons.

Barney Park is a neighborhood park with paved paths, accessible restrooms, a picnic area, ballpark, and wading pool. Lincoln Park has very similar attractions, lacking only the wading pool. Memorial Park also offers a swimming pool, band shell with wheelchair ramp, and an accessible warming house.

Randy Lilje, Director
Helena Parks and Recreation
316 N.Park Ave.
Helena,MT 59623 (406) 442-9920 ext. 463

MISSOULA PARKS AND RECREATION DEPARTMENT

SERVES:
All Ages
Physical and
Mental Disabilities

PROVIDES:
Bowling, Swimming,
Open Gyms

Missoula Parks and Recreation Department's programs and facilities are available to all people, disabled and nondisabled. At this time, programs available to meet the specific needs of persons with disabilities reflect the interests and needs of the large number of developmentally disabled participants.

Missoula Parks and Recreation offers two bowling programs, one for adults and one for high school youth, during the fall, winter, and spring. Each nine week season ends with a tournament. Participants bowl one to two games weekly.

An open gym program is offered during the fall and winter. In this program, equipment and supervision is provided. During the summer, pick-up softball is organized once a week.

Jocelyn Dodge, Recreation Specialist
Missoula Parks and Recreation
100 Hickory St.
Missoula, MT 59801

(406) 721-7275

Youth and Family Groups

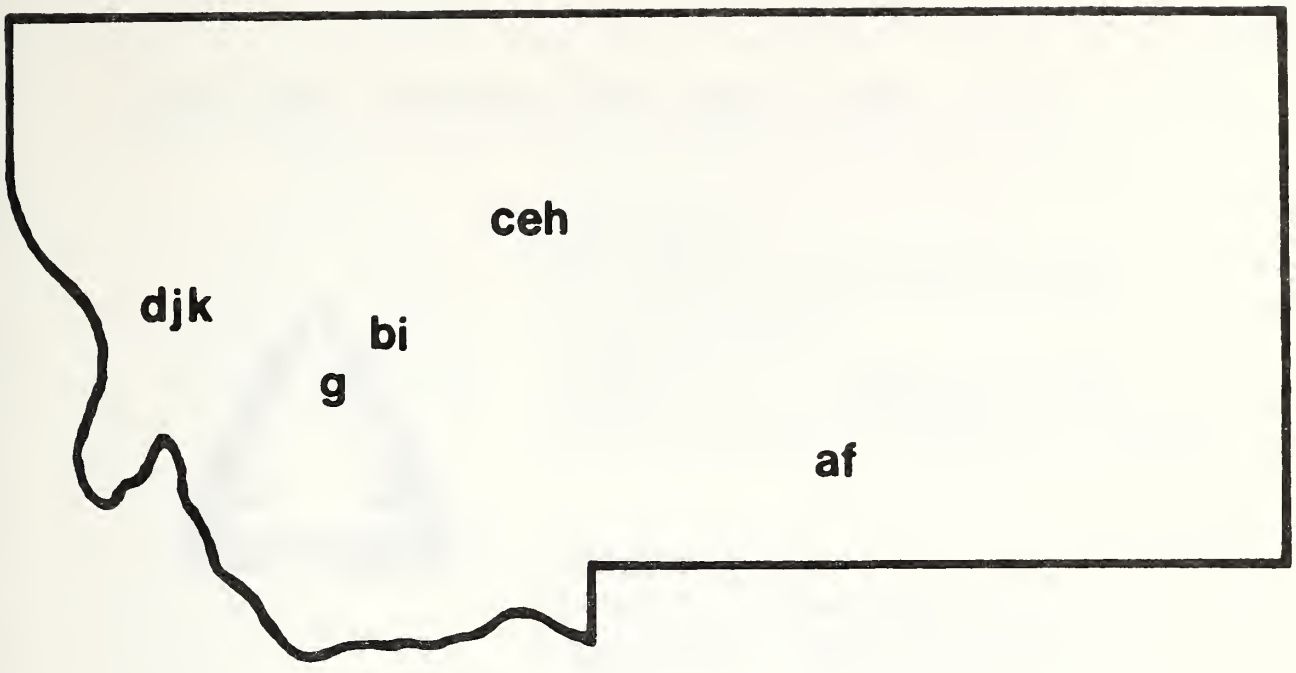
YOUTH AND FAMILY GROUPS

Camp Fire, Scouting, YWCA, and YMCA programs provide communities throughout Montana with valuable recreation resources. The range of activities, facilities, and program options available within these groups is reflective of the needs of the community in which the agency resides.

Camp Fire and Scouting programs offer children and their families a variety of social, educational, and recreational choices. Direct services are typically provided by trained volunteers. Support, in the form of additional training, materials, and constructive direction, is available to these volunteers through area/regional staff persons.

YWCA and YMCA programs typically offer facilities, consultation, and recreational programing. Specific program scheduling for YWCA and YMCA services may change seasonally and annually, dependent on physical resources and the interest of community members as determined by enrollment and feedback.

Persons with disabilities may be integrated into existing programs or, in some instances, choose to participate in special group activities and programs. By contacting local programs and discussing your specific interests and needs, you will be able to identify the agency that can best serve you and your child.



YOUTH AND FAMILY GROUPS

a. Big Sky Council of Camp Fire, Inc.
b. Gold Country Council of Camp Fire
c. North Central Council of Camp Fire
d. Ponderosa Council of Camp Fire

e. Montana Council of Boy Scouts of America

f. Billings YWCA
g. Butte Family YMCA
h. Great Falls YWCA
i. Helena Family YMCA
j. Missoula Familly YMCA
k. Missoula YWCA

BIG SKY COUNCIL OF CAMP FIRE, INC

SERVES:
Kindergarten through
Highschool
Physical, Mental and
Perceptual disabilities

PROVIDES:
Social, Recreation
Leisure, Education

Camp Fire is a coed, not-for-profit youth agency. Goals are self development, skill development, and social development. Children have the opportunity to develop individual potential and to become responsible to themselves and others.

Club program members meet with volunteer leaders in area neighborhoods. Self-reliance courses, day camp, and special activities are also available.

Handicapped and disabled may be mainstreamed into appropriate programs, depending on leadership, and severity of the handicapping condition.

Joyce Day, Executive Director
Big Sky Council of Camp Fire, Inc.
145 Grand Avenue
Billings, MT 59191

(406) 252-3332

GOLD COUNTRY COUNCIL OF CAMP FIRE

SERVES:
3-21 years old
Disabled persons taken as leadership permits

PROVIDES:
Camping, Boating, Gardening, Hiking, Cooking, Weekly meetings

Gold Country Council of Camp Fire serves Lewis and Clark and Jefferson Counties. This educational youth organization is designed to help children realize their full potential. Disabled persons are encouraged to participate, dependent on the availability of leadership and facilities that can meet their needs.

Each group within the Gold Country Council of Camp Fire maintains a very autonomous nature. Activities scheduled for the weekly meetings reflect the needs and interests of group members. Typically, groups may be involved in gardening, cooking, arts and crafts, out of door activities, and community services.

The Gold Country Council has been responsible for administering DDPAC grant monies to provide developmentally disabled students in public schools with preventative child sexual abuse awareness through a program entitled "Caution Without Fear." Qualified teachers were hired through this program to train classroom teachers and provide materials and lesson plans.

Susan Yannone, Executive Director
Gold Country Council of Camp Fire
2201 4th Chestnut
Helena, MT 59601

(406) 442-1880

NORTH CENTRAL COUNCIL OF CAMP FIRE

SERVES:
Kindergarten and Older
Physical, Perceptual,
and Mental Disabilities

PROVIDES:
Weekly Clubs, Social and
Community Activities,
Response Programs

The North Central Council of Camp Fire serves communities in the Great Falls area. The clubs meet weekly for nine months of the year, and each communitys'club will take on its own unique character. Activities chosen for the clubs reflect the strengths and interests of the children who participate, as well as the special skills and abilities of the voluntary leadership.

Along with the Club program, North Central Council of Camp Fire offers summer camping programs (see listing under N.C.C. of Camp Fire, Camp Tawahganeo, in the Camping section of this directory) and Response Programs. The Response Programs are often family oriented and educational in nature. Program topics have included, "At Home Alone," and "Drug Prevention."

Persons with disabilities may be mainstreamed into existing groups or, when resources and interest concur, Special Clubs may be formed.

Elvia Williams, Executive Director
North Central Council of Camp Fire
1925 Second Ave. South
Great Falls, MT 59405

(406) 452-8543

PONDEROSA COUNCIL OF CAMP FIRE

SERVES:
Birth-21 years of age
Any disability

PROVIDES:
Coed youth programming,
Camps, Special events,
Self-reliance programs

"Camp Fire kids...are boys and girls in Kindergarten through high school who have fun learning, playing, sharing, caring, growing, seeing interesting sights, having new experiences, giving service to others...together."

Camp Fire is characterized as a coeducational youth organization that promotes and builds self-esteem, confidence and self-image through a variety of activities and recreation.

The Ponderosa Council provides services in Missoula, Kalispell, Polson, Superior, Seeley Lake and the surrounding areas. Specific activities vary from group to group depending on the interests of the participants and leaders.

Ponderosa Council does offer a special group for mentally handicapped youth when parents are interested. Mentally and physically disabled individuals are also mainstreamed into existing groups. Parents of youth with special needs should contact the Council office with individual concerns. Leaders are often parents or other volunteers. Support and training is provided to all volunteers through Ponderosa Council of Camp Fire.

George Gryc Park, Program Director
Ponderosa Council of Camp Fire
2700 Clark
Missoula, MT 59801

(406) 542-2129

MONTANA COUNCIL OF BOY SCOUTS OF AMERICA

SERVES:
6 through 18 years
Physically, Perceptually
and Mentally handicapped

PROVIDES:
Archery, Arts and Crafts,
Riflery, Camping, Hiking

The Montana Council of Boy Scouts of America provides a program of comprehensive youth development.

Typical activities may include: archery, arts and crafts, backpacking, boating, camping, canoeing, cooking, hiking, and riflery.

For more information on programs that strive to integrate disabled persons in Boy Scouts activities please contact James King.

James King, Executive Director
Montana Council of Boy Scouts of America
PO Box 3226
Great Falls,MT 59403

(406) 761-6000

BILLINGS YWCA

SERVES:
18 years and older
Developmentally
Disabled

PROVIDES:
Physical Fitness,
Team Sports,
Dancing,
Educational Programs

The Billings YWCA is a community service agency designed to meet some of the needs of the membership and community in all areas, ranging from recreation to personal growth. Billings YWCA emphasizes programs for specific segments of the population, including children, parents, people with low-incomes, and persons with developmental disabilities.

This agency employees an aerobic instructor, recreational instructors, dance instructors, and social workers. Program options include cross-country skiing, dancing, softball, basketball, volleyball,kickball, physical fitness, sex education, self-protection, home safety, and grooming.

One of the programs offered through Billings YWCA is Independent Living/ Transitional Living for Developmentally Disabled Adults.

Laura Scott, Program Director
Billings YWCA
909 Wyoming Ave.
Billing, MT 59101

(406) 252-6303

BUTTE FAMILY YMCA

SERVES:
All Ages

PROVIDES:
Aerobics, Basketball, Physical Fitness, Racquet Sports

While the Butte Family YMCA facility is not specifically designed for persons with disabilities, the staff is certainly willing to make efforts to accommodate disabled persons in their programs.

During the school year, the Butte High special education students use the facility each Friday. Teachers and aides from the school provide supervision for these students while at the YMCA. An aerobics instructor leads warm-up exercises and after warm-ups the students go on to their own activities, such as basketball or racquetball. In the near future, this group will be using the pool.

Sally Bardsley,
Assistant Program Director
Butte Family YMCA
400 W. Park
Butte, MT 59701

(406) 727-1266

GREAT FALLS YWCA

SERVES:
6 weeks and older
Perceptual and Mental
Disabilities

PROVIDES:
Arts and Crafts,
Physical Fitness,
Self-Defense,
Cooking, Bus Tours,
Nursery Services

The Great Falls YWCA offers programs to youth and adults in social and recreational fields. Disabled clients are mainstreamed into age appropriate programs when possible. YWCA classes range from Youth classes in karate, drama, and tumbling to Adult classes in personal growth, exercise, arts and crafts and social issues. A drop-in nursery is available for children from 6 weeks to 6 years old.

A summer day camp program is available through this agency for school aged children.

Women in Transition provides services to displaced homemakers.

Carol Pritchett, Program Director
Great Falls YWCA
220 Second Street North
Great Falls, MT 59401

(406) 452-1315

HELENA FAMILY YMCA

SERVES:
3 months and older
All Disabilities

PROVIDES:
Swimming, Soccer,
Aerobics,
Water-Aerobics,
Weight Management,
Open Gym

The Helena Family YMCA is a charitable non-profit organization whose purpose is to provide services to people of all faiths who are united in a common effort to put Christian principles into practice through fellowship, self-improvement, and service; to enrich the spiritual, mental and physical qualities of the men, women, youth and families of our community.

This organization enthusiastically supports people of all disabilities, in spite of the admitted limitations of the facility (all parts of the building are not equally accessible to wheelchairs). Helena Family YMCA works with local group homes for disabled as well as the school district's special education program to provide quality recreation opportunities.

Structured and less structured activities are available, including Youth Sports, Adult Education, swimming, weight management, aerobics, and open gym.

This agency also offers, for children 6-13, a week long residential summer camp located at McDonald Pass on the continental divide. Activities include hiking, arts and crafts, lake swimming, and boating activities.

Clark Gilbert, Physical Director
Helena Family YMCA
1200 N. Last Chance Gulch
Helena, MT 59601
(406) 442-9622

MISSOULA FAMILY YMCA

SERVES:
Preschool through
Senior Citizen
Physical and
Mental Disabilities

PROVIDES:
Physical Fitness,
Aerobics,
Special Olympics

The Missoula Family YMCA offers programming for persons of preschool age and older.

Recreational options include aerobics, frisbee, gymnastics, track and field, softball, swimming, and weight-lifting. Many of these programs are Special Olympics training programs that use YMCA facilities.

The swimming pool is equipped with handicapped stairs and a lift for pool entry.

In the summer a day camp is offered.

Susanne Porter Monk
Associate Executive Director
Missoula Family YMCA
3000 Russell St.
Missoula, MT 59801

(406) 721-9622

MISSOULA YWCA

SERVES:
All ages
All disabilities

PROVIDES:
Aerobics, Cooking,
Gymnastics, Photography,
Movement Education

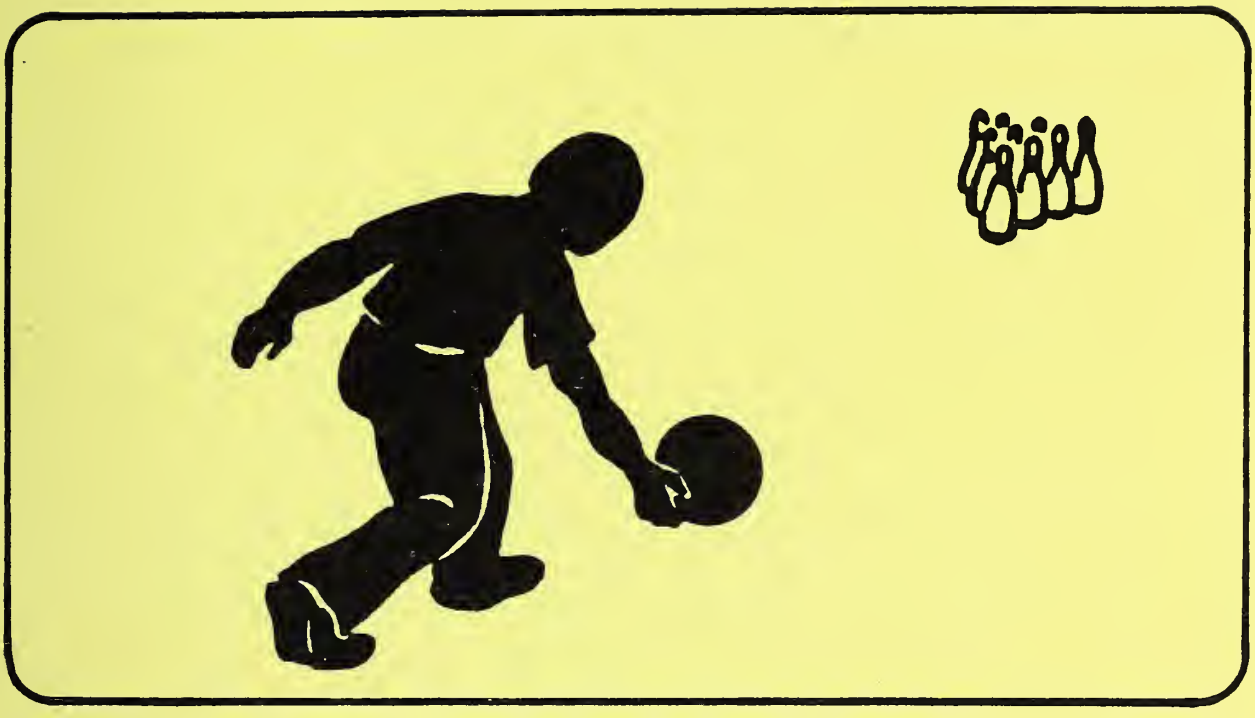
The Missoula YWCA provides services that will condition the body and the mind. The goal is to help individuals gain self-confidence, emotional and physical control, and develop those skills that help people gain awareness of what can be done with their bodies.

This program offers a variety of adult classes that are open to both women and men. Activities offered may change with the season and the perceived needs of individuals in the community. Typical activities may include: cooking, home arts, photography, aerobics, and gymnastics.

The Missoula YWCA also offers services through the Battered Women's Shelter, New Horizons for Women in Transition, day camp, and a preschool.

Alayne Dolson, Program Director
Missoula YWCA
1130 W. Broadway
Missoula,MT 59802

(406) 543-6691



Community-based Services

COMMUNITY-BASED SERVICES

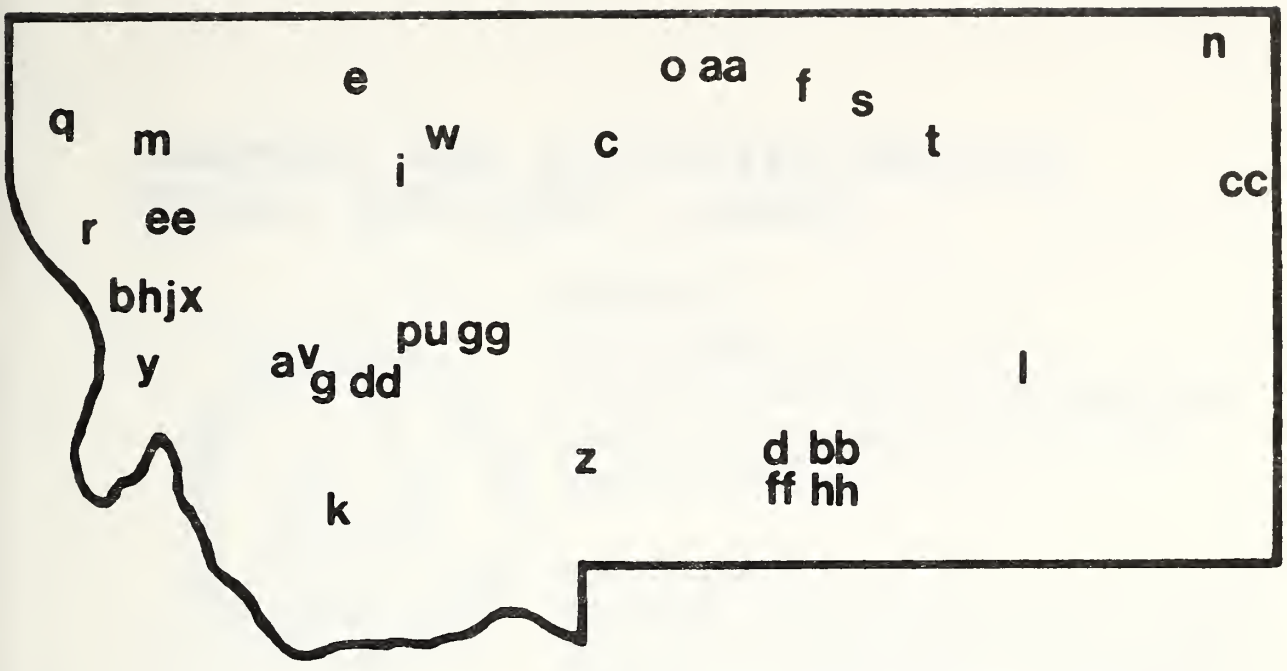
Programs listed in this section are primarily community-based residential and vocational providers. Often these agencies offer multiple service outlets; for example, sheltered workshops may also provide administration for a number of group homes, a semi-independent or transitional living program, and a day activity center.

The type of recreational activities offered through these community-based agencies, as well as the emphasis placed on recreation, varies widely. While recreation was often seen as a primary goal within residential programs and activity centers, many of the vocational services clearly stated that such activities were secondary to their vocational training programs.

For the majority of the programs listed in this section, recreational activities are offered to clients only. However, several of the agencies we contacted expressed their willingness to be flexible if there is a need they could meet for other persons with disabilities in their community.

Information in this section might be most useful to persons involved in providing services through similar agencies. It is our hope that these descriptions of typical recreational and leisure options, as well as examples of innovative activities and philosophies, might spark even more creativity in this area.

A good number of the professionals in these programs expressed enthusiasm about the possibility of networking to share ideas and improve the variety and quality of recreation and leisure experiences for their consumers.



COMMUNITY-BASED SERVICES

a. Anaconda Work Activities Reaching Toward Employment (AWARE)
b. Big Bear Resources
c. Big Sandy Activities, Inc.
d. Billings Workshop, Inc.
e. Blackfeet Developmental Disabilities Corporation
f. Blaine County Activities
g. Butte Sheltered Workshop
h. Case Management for the Physically Disabled
i. Choteau Activities, Inc.
j. Community Covenant Church Central Street House
k. Dillon Special Resources
l. Eastern Montana Industries
m. Flathead Industries for the Handicapped
n. Glenwood, Inc.
o. Havre Day Activity Center, Inc.
p. Helena Industries
q. Lincoln County Sheltered Workshop
r. Little Bitterroot Special Services
s. Malta Opportunities, Inc.
t. Milk River, Inc.
u. Montana Independent Living Project
v. Mountain View Social Developmental Center
w. Northern Gateway Enterprises, Inc.
x. Opportunity Workshop
y. Ravalli Services Corporation
z. Reach, Inc.
aa. Regional Living Services, Inc.
bb. Residential Support Services
cc. Richland Opportunities, Inc.
dd. Silver Bow County Developmental Disabilities Coucil
ee. Special Citizens' Center
ff. Special Training for Exceptional People
gg. Tri-County DD
hh. YWCA Inddependent Living/ Transitional Living Program

ANACONDA WORK ACTIVITIES REACHING TOWARD EMPLOYMENT (AWARE)

SERVES:
14 years and older
Developmentally Disabled
Mild to Severe Mentally Handicapped

PROVIDES:
Skiing, Ice Skating, Sledding, Swimming, Camping, Rafting, Fishing, Bowling

For the past twelve years AWARE, a non-profit independent corporation, has helped developmentally disabled children and adults develop independent life skills. In their day center program they focus on academic and vocational skill training while the group home setting allows clients to learn functional self-help and independent living skills. AWARE is a small, close-knit, corporation with an experienced staff that has maintained a close working relationship over a long period of time.

Each summer, AWARE provides a summer recreation program that serves approximately 22 clients. This program encourages clients to participate in a variety of recreational activities. Each month a major trip is planned.

AWARE emphasizes normalization and "the dignity of safe risk" in their recreational philosophy.

Bob Ballard, Executive Director
AWARE
PO Box 78
Anaconda, MT 59711

(406) 563-5229

BIG BEAR RESOURCES

SERVES:
18 years and older
Developmentally Disabled
Physical Disabilities

PROVIDES:
Gardening, Sledding, Bowling, Basketball, Swimming, Camping

Big Bear Resources provides residential and vocational services for adults with developmental or physical disabilities. These services include training in the use of social skills, community activities and resources, and developing leisure-time and recreation skills.

This agency identifies three major sources as providers of recreation and leisure activities for their service consumers: 1) recreation provided directly through Big Bear staff; 2) services provided by organized recreational services; and 3) services arranged for individuals through local businesses or the use of recreation areas.

Consumers of Big Bear services have opportunities to experience a wide variety of recreation and leisure activities including: aerobics, arts and crafts, basketball, biking, pool, board games, bowling, camping, cards, cooking, skiing, dancing, fishing, gardening, hiking, horseback riding, movies, music, photography, picnics, rafting, reading, skating, swimming, track and field, and wheelchair sports.

Judy Marron, Vocational Program Manager
Big Bear Resources
500 East Alder
Missoula, MT 59802

(406) 728-0441

BIG SANDY ACTIVITIES, INC.

SERVES:
19 years and older
Developmentally
Disabled

PROVIDES:
Bowling, Fishing,
Swimming, Picnics,
Special Olympics,
Community Activities

Big Sandy Activities, Inc., provides an intensive program to developmentally disabled people and their families. It perceives its role as one of leadership in marshaling broad public support to meet needs, to find new methods, to develop skills, and to broaden and deepen knowledge for persons with developmental disabilities. To meet this need, Big Sandy Activities believes that services should be provided to developmentally disabled people which will help them to attain maximum physical improvement and emotional maturity and to secure educational training and employment opportunities consistent with their abilities.

Recreational opportunities that emphasize use of community resources are given the highest priority. Each individual client has an advocate who helps integrate that person into community activities.

Other recreational activities include arts and crafts, picnics, Special Olympics sports and training, bowling, and swimming.

Connie Green, Director
Big Sandy Activities, Inc.
P.O. Box 7
Big Sandy, MT 59520

(406) 378-2598

BILLINGS WORKSHOP, INC.

SERVES:
18 and older
Physically and Mentally Disabled

PROVIDES:
Special Events

The primary goal of the Billings Workshop, Inc. is to provide high quality vocational training that will equip clients for competetive employment through the services of their Job Placement Specialist. Prospective clients are screened to determine their ability to benefit from, and participate safely in, the training activities that are provided. Vocational activities include contracted productions in woodworking, sewing, mailings, janitorial services, and manufacturing tent rope.

Clients utilize various community options for the majority of their recreational activities. The Billings Workshop, Inc. does, however, schedule special seasonal events and parties.

Bob Ross, Rehabilitation Director
Billings Workshop, Inc.
200 South 24th Street
Billings, MT 59101

(406) 248-9115

BLACKFEET DEVELOPMENTAL DISABLITITES CORPORATION

SERVES:
18 and older
Mentally and Physically handicapped

PROVIDES:
Dancing, Music, Camping, Fishing, Participation in local festivals

The Blackfeet Developmental Disability program has one group home, a semi-independent program and the Dusty Bull Training Center where eighteen clients receive training in basic academics, self-help and work skills. Vocational settings in the center include recyclying and wood working.

Recreational activities include: hiking, camping, fishing, cards and board games, dancing, bowling, arts and crafts, running, track and field, basketball, and swimming.

LaDean Rutherford, Life Skills Manager
Blackfeet Developmental Disabilities Corp
Box 247
Browning, MT 59417

BLAINE COUNTY ACTIVITIES

SERVES:
18 years and older
All Disabilities

PROVIDES:
Swimming, Bowling,
Arts and Crafts,
Dancing, Music

In Harlem, Blaine County Activities provides community-based residential and prevocational services to meet the needs of disabled citizens of Blaine County. This agency's motto, "Let each man become all he is capable of being," is reflective of Blaine County Activities' philosophy.

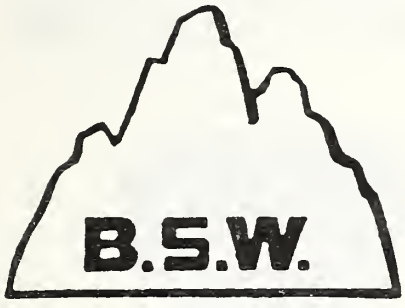
The goal of residential and prevocational services offered through this agency is to train the developmentally disabled adults to become as independent and self-functioning as possible.

Each day the clients partake in music, art, dancing, parties, bowling, or movies. Other activities include swimming, visiting the museum, using the high school track, and fishing. Special Olympics and Camp Kiwanas round out the recreational options.

Marje Baker, Director
Blaine County Activities
PO Box 457
Harlem, Montana 59526

(406) 353-2611

BUTTE SHELTERED WORKSHOP



SERVES:
19 and older
Developmentally Disabled
Mutiply Handicapped

PROVIDES:
Aerobics, Gymnastics,
Volleyball, Skiing,
Movement Education

Pre-vocational training, work adjustment training, vocational evaluation, training in self-help skills, living skills, and academics are available through the Butte Sheltered Workshop. Various contracts, that include woodworking and the manufacture of boot liners, guarantee that each client has the opportunity to be involved in a meaningful work activity for which they will receive a wage.

For the second year, Butte Sheltered Workshop is offering aerobics to its clients twice a week. This program has been highly successful in the number of clients that have chosen to participate as well as the enthusiasm these participants demonstrate for the program.

Other recreational activities that are available through the Butte Sheltered Workshop include Special Olympics, basketball, volleyball, gymnastics, and track and field. Physical fitness, movement education, skiing, and bowling are also available to clients of this organization.

Jodel Petroni, Education Director
Butte Sheltered Workshop
207 South Montana
Butte, MT 59701

(406) 723-6501

CASE MANAGEMENT FOR THE PHYSICALLY DISABLED

SERVES:
Birth through 65
All Disabilities

PROVIDES:
Home Health Care

A program called Home and Community Services, facilitated by a Case Management Team, offers eligible disabled persons a customized package of services that may allow them to continue living in their own home.

Personal Care, Homemaker Services, Nursing Services, Habilitation Training, and Respite Care are a few of the options that may be included in the individualized plan.

Recreation needs may be met through Respite Care, Transportation Services, or through other alternatives. Disabled people and their care providers may choose to participate in any of a wide variety of leisure/recreational activities that may be available in the community and appropriate to the medical and safety needs of the disabled individual.

c/o Rehabilitation Center
2827 Ft. Missoula Rd.
Missoula, MT 59801

(406) 728-4100 Ext. 5485

CHOTEAU ACTIVITIES, INC.

SERVES:
21 years and older
Developmentally Disabled

PROVIDES:
Swimming, Bowling,
Cross-country Skiing,
Fishing, Hiking, Picnics,

Choteau Activities, Inc. provide a broad range of services for adult developmentally disabled individuals. These services, provided in a small town setting, include Day Service, Residential Service (group home, transitional living, and independent living), and transportation. The Day Center provides training in functional academics, pre-vocational, and vocational skills. A number of clients have been placed in competitive work settings at least part-time.

Choteau Activities has arranged a special swimming time with the Municipal Swim Pool just for their clients. Swimmers are also encouraged to use the pool during public recreational swim times. A similar schedule has been established with the bowling program.

Other typical recreation activities include music, arts and crafts, board games and puzzles, drama, hiking, music, softball, and Special Olympic sports and training.

Paul G. Smith, Executive Director
Choteau Activities, Inc.
Box 799
Choteau, MT 59422

(406) 466-5311

COMMUNITY COVENANT CHURCH
CENTRAL STREET HOUSE

SERVES:
Adults
Mentally and/or
Mutliply Handicapped

PROVIDES:
Bowling, Picnics, Hiking,
Sledding, Yearly Vacations

The Missoula Community Covenant Church provides a long-term family living environment for a small group of adults. The Central Street House began when a need for such a facility was recognized in this church. Financial support, as well as staffing, are provided through the Community Covenant Church. This home also makes use of locally available vocational training facilities.

Recreational activities are designed to meet the needs and desires of individuals living in the home. Bowling, sledding, hiking, and picnics are representative of typical recreational activities.

In line with maintaining a family-style atmosphere, yearly vacations are planned that have included a trip to the West Coast, backpacking, and attending the Helena Rodeo.

It should be noted that, as the Central Street House is a long-term family setting, it is not actively seeking applicants for residential or recreational services.

Alan Strickland, Director
Central Street House
607 East Central
Missoula, MT 59801

(406) 542-2411

DILLION SPECIAL RESOURCES

SERVES:
16 and older
Developmentally Disabled

PROVIDES:
Bowling, Fishing,
Picnics, Movies

Dillion Special Resources, which recently merged with Butte Sheltered Workshop, offers vocational activity programming as well as residential/semi-independent living services for persons with a wide range of mental and physical disabilities. Vocational activities center around a recycling project and a flea market operated by this agency.

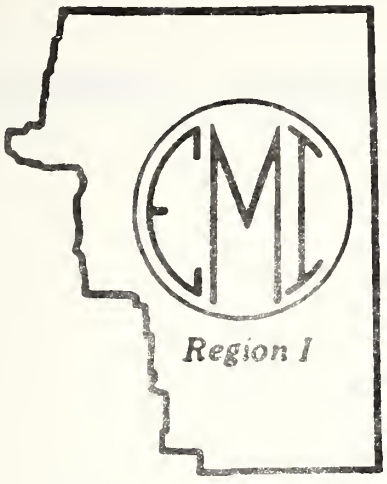
Participation in community activities, such as football and basketball games, plays and concerts, are an important part of the Dillion Special Resources' recreational program. Along with this, visits to other towns are regularly scheduled.

Other typical recreational activities include bowling, picnics, fishing, and attending movies.

Lisa Rickey, Program Director
Dillon Special Resources
135 East Helena
Dillion, MT 59725

(406) 683-5773

EASTERN MONTANA INDUSTRIES



SERVES:
17 years and older
Developmentally
Disabled

PROVIDES:
Biking, Physical
Fitness, Aerobics,
Special Olympics

In Miles City, Eastern Montana Industries provides a range of residential and vocational services to developmentally disabled adults. The workshop provides vocational skill training as clients assemble cedar products, refinish furniture, cut industrial rags and create a number of other useful and imaginative products. The group homes and independent living programs offer skill training with individualized goals to help clients function in their least restrictive environment.

An ambitious aerobics program has been established for those Eastern Montana Industries'clients who care to participate. Also available are groups to help develop socialization skills, a bike safety program, and an advocacy program that brings together clients and community members to aid in the process of integration into public activities.

Other recreation activities include bowling, camping, arts and crafts, fishing, and movement education.

Scott Scanlon, Training Specialist
Eastern Montana Industries
P.O. Drawer 759
Miles City, MT 59301

(406) 232-3740

FLATHEAD INDUSTRIES FOR THE HANDICAPPED

SERVES:
18 and older
Developmentally Disabled

PROVIDES:
Adaptive Skiing, Swimming, Bowling

Flathead Industries provides vocational and residential training to a wide range of developmentally disabled adults. This program makes use of community facilities as well as their own recreational facilities. Their adaptive ski program has served as a model to many of the other similar programs that now exist.

Flathead Industries participates in local, state and national Special Olympic activities. Another important aspect of their recreational programming is an emphasis on helping clients learn to make use of the options that are available in the community.

With a degree in Adaptive P.E., Bob Blakely is employed through Flathead Industries as Recreation Specialist. He and his assistant, Laurie Breuer-Tonkavich, also utilize specialists (PT, OT, etc.) from the community as they develop recreational options for their clients.

Bob Blakely, Recreation Specialist
Flathead Industries for the Handicapped
305 3rd Avenue East
Kalispell, MT 59901

(406) 755-7656

GLENWOOD, INC.

SERVES:
16 and older
Developmentally Disabled

PROVIDES:
Bowling League, Swimming,
Arts and Crafts, Aerobics

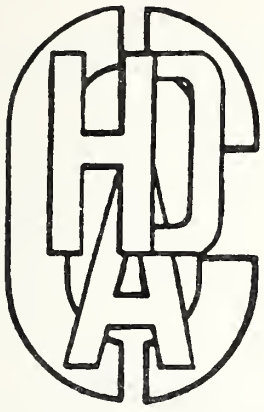
Glenwood, Inc. provides a work activity center, two group homes, and a semi-independent living program to eligible developmentally disabled adults. The vocational program maintains contracts with the local Chamber of Commerce for mailings and Montana Wheathearts for the manufacture of souvenir cards and paperweights.

Clients are encouraged to participate in recreational activities that are of interest to them. Aerobics, arts and crafts activities, bowling, and swimming are among the typical recreational activities offered. The bowling league includes a special banquet as a highlight of the season's activity. Glenwood, Inc. makes a special effort to support their community by participating in locally available public activities such as basketball games and school concerts.

Judy Suggs, Program Supervisor
Glenwood, Inc.
202 East First Avenue
Plentywood, MT 59254

(406) 765-2040

HAVRE DAY ACTIVITY CENTER, INC.



SERVES:
18 and older
Developmentally Disabled
Multiply Handicapped

PROVIDES:
Arts and Crafts, Swimming, Weekly Bowling, Skating, Gym Activities

Havre Day Activity Center, Inc. maintains two group homes and a semi-independent living program as well as the Day Activity Center.

Clients in the group homes and semi-independent living program may participate in arts and crafts, music, and other recreation/leisure options. Community facilities are utilized for bowling, roller skating, camping, swimming, and track and field events. Almost all of the clients participate in the Special Olympics programs.

Linda Richardson, Residential Supervisor
Havre Day Activity Center, Inc.
Box 1847
Havre, MT 59501

(406) 265-5506

HELENA INDUSTRIES

SERVES:
19 years and older
All Disabilities

PROVIDES:
Physical Fitness,
Parties, Special Events

Helena Industries is a community-based, private, non-profit, adult vocational training program that provides training to maximize an individual's skills with the goal of competitive job placement. In order to reach this goal the corporation employs clients in a variety of meaningful work activities and environments for real wages.

Primary services provided by Helena Industries include vocational evaluation, work adjustment training, extended employment, sheltered employment, job placement, basic education and skill training, and home personal adjustment training.

Clients of Helena Industries utilize locally available community programs, such as Special Olympics, for the majority of their recreational activities. This agency does, however, provide special activities such as seasonal parties and picnics. Some individuals may be involved in exercise programs that are monitored through this agency.

Dawn DeWolf, Director of Programs
Helena Industries
1325 Helena Avenue
Helena, MT 59601

(406) 442-8632

LINCOLN COUNTY SHELTERED WORKSHOP

SERVES:
19 and older
All Disabilities

PROVIDES:
Attention to Individual Preference,
Skiing, Camping, Bowling, Drama

The Lincoln County Sheltered Workshop provides residential as well as a variety of vocational program options. The majority of their recreational activities are provided through the residential system. Each client is encouraged to explore recreational opportunities that appeal to them individually. This has led to an increasing use of locally available organizations and clubs where clients may be involved in Scouting, Karate, Aerobics, or Music Instruction.

Some clients opt to spend their accumulated vacation time at an established summer camp.

Recreational activities include: hiking, camping, fishing and ice fishing, drama, cross-country and downhill skiing, movies, cards and board games, bowling, bird watching, and swimming.

Mike Otte, Program Director
Lincoln County Sheltered Workshop
101 Mineral Avenue
Libby, MT 59923

(406) 293-7932

LITTLE BITTERROOT SPECIAL SERVICES

SERVES:
19 years and older
Developmentally
Disabled

PROVIDES:
Bowling, Camping, Hiking, Drama, Music, Movies, Swimming, Special Olympics, Community Sports, Fishing

Little Bitterroot Special Services, Inc. of Plains, Montana provides vocational as well as residential services to developmentally disabled adults living in Sanders County.

The Work Activity program prepares the more impaired clients for on-the-job training by teaching them pre-vocational skills. The Sheltered Workshop stimulates and reinforces vocational learning by offering meaningful work experiences and common rated wages. Residential Services include Group Home and Transitional Living Environments.

Clients of LBSS have the opportunity to participate in a variety of recreational experiences, including community sports, swimming, track and field, fishing, skiing, camping, and bowling. Special Olympics sports and training are also available to LBSS clients.

Art Dreiling, Director
Little Bitterroot Special Services
P.O. Box 189
Plains, MT 59859

(406) 826-3689

MALTA OPPORTUNITIES, INC.

SERVES:
16 and older
Developmentally Disabled

PROVIDES:
Basketball League,
Bowling, Arts and Crafts,
Special Olympics Activities

The vocational opportunities available through Malta Opportunities, Inc., include the operation of a Laundramat, a Car Wash, a Recycling Center, a Woodworking Shop, and a Thrift Shop (in conjunction with the Green Thumb Ladies). Clients are employed to work in one of the businesses and are paid for their work while they develop competitive job skills.

The residential services focus on helping individuals learn self-help and home living skills such as cooking and completing household chores.

Malta Opportunities, Inc. emphasizes integration in community recreation activities. Clients may be involved individually in church groups as well as other locally available social and recreational options.

While many of the clients are engaged in a variety of Special Olympics sports, Malta Opportunities sponsors its own "three on three" state basketball tournament.

Other recreational options include arts and crafts, fishing, volleyball, swimming, softball, and picnics.

Dick Nordberg, Executive Director
Malta Opportunities, Inc.
PO Box 819
Malta, MT 59538

(406) 654-2582

MILK RIVER, INC.

SERVES:
19 and older
Developmentally Disabled

PROVIDES:
Bowling, Swimming,
Aerobics, Arts and Crafts

Milk River, Inc. offers group home, transitional living, and semi-independent living situations as well as a day activity program. The day program provides a laundry service for the local hospital and several businesses, operates a recycling center, manufactures campaign buttons, and performs a variety of community service projects. The residential services focus on developing self-help and independent living skills that will meet the needs of individual clients.

The bowling and swimming programs provided through Milk River have proven to be highly successful. Other recreational options include aerobics and physical fitness, arts and craft activities, movies, music, picnics, community concerts, and cooking.

Clients of Milk River, Inc. may also be involved in special camping activities.

Doyle Euell, Director
Milk River, Inc.
Box 969
Glasgow, MT 59230

(406) 228-8412

MONTANA INDEPENDENT LIVING PROJECT

SERVES:
16 years and older
Severely Disabled

PROVIDES:
Bowling, Bingo, Cards, Individual Consultation and Referral to existing recreation programs

The Montana Independent Living Project, Inc., is a non-profit agency, governed by a Board of Directors, which is comprised of disabled people, professionals, and family members of a disabled person. The purpose of the Montana Independent Living Project is to promote the development, improvement and expansion of community-based services, which directly and indirectly facilitate the independence, productivity, and quality of life for the disabled.

Montana Independent Living Project is a cross-disabilities service agency which provides assistance to the physically disabled and visually and hearing impaired. All service plans are designed to assist an individual and her/his support network in obtaining an independent lifestyle of her/his choice.

This agency offers excellent bowling and leisure-time programs. Other recreation services are developed for each client's independent living plan.

Judy Harris, Coordinator
Montana Independent Living Project
1301 Eleventh Avenue
Helena, MT 59812

(406) 442-5755

MOUNTAIN VIEW SOCIAL DEVELOPMENTAL CENTER

SERVES:
55 and older
Developmentally
Disabled

PROVIDES:
Arts and Crafts,
Physical Fitness,
Shopping, Bowling,
Music

In Walkerville, just north of Butte, the Mountain View Social Development Center serves 15 developmentally disabled adults over the age of 55. This program helps disabled seniors to work toward independence in social, academic, self-care, and recreational activities through the day-care format.

In an effort to offer flexible and fun social opportunities that will lead to this independence, Mountain View Social Development Center provides arts and crafts, trips to the library, shopping, movies, music, bowling, and exercise. Transportation for clients to and from these activities is provided by this agency.

A special project sponsored by this agency includes taking animals to a local nursing home once a month. The response to this by clients as well as nursing home residents has been excellent.

Clients may also participate in a summer day camp.

Donna Craver, Director
Mountain View Social Development Center
975 N. Main
Walkerville, MT 59701

(406) 782-1028

NORTHERN GATEWAY ENTERPRISES, INC.

SERVES:
19 years and older
Developmentally
Disabled

PROVIDES:
Arts and Crafts,
Drawing, Painting,
Racquet Sports,
Bowling, Hiking,
Camping, Softball,
Drama

Northern Gateway Enterprises, Inc. offers a rural community-based program that draws from a wide range of areas and provides for a diverse set of needs. Vocational as well as residential services are provided through Work Activity programs, group homes, and independent living services.

Clients have the opportunity to participate in recreational activities that meet their unique needs and interests. Hiking, fishing, camping and picnics are typical summer outings. Arts and crafts activities may include drawing, painting and rug-hooking. Leisure activities such as board games, cards, movies, and music are available. Outings to museums, zoos, parades and air shows are scheduled regularly.

Graydan Moll, Executive Director
Northern Gateway Enterprises, Inc.
P.O. Box 1413
Conrad, MT 59425

(406) 278-3238

OPPORTUNITY WORKSHOP

SERVES:
18 years and older
Developmentally
Disabled, Vocational
Rehabilitation

PROVIDES:
Aerobics, Bowling,
Swimming, Camping

Missoula's Opportunity Workshop provides vocational as well as independent living skills training to its clients. Services provided through the Opportunity Workshop include Work Activity, Sheltered Employment, Job Placement, and Outreach Services (which focus on independent living skills).

Clients of Opportunity Workshop may participate in aerobics, bowling, camping, movies, and swimming. One of the recreational services provided through Opportunity Workshop is to assist clients with transportation to community recreation, Special Olympics, community shopping, and special events.

Greg Ragee, Program Manager
Opportunity Workshop
1005 Marshall
Missoula, MT 59801

(406) 721-2930

RAVALLI SERVICES CORPORATION

SERVES:
19 and older
Developmentally Disabled

PROVIDES:
Skiing, Drama, Hiking,
Arts and Crafts,
Special Olympic Activities

Twenty-two clients are served through the Ravalli Services Corporation vocational and residential programs. Primary emphasis is on developing quality work and independent living skills. The recycling center operated by Ravalli Services helps clients learn work skills and keeps the clients and community involved with each other.

Ravalli Services Corporation maintains principles of normalization in their recreation program. Special holiday activities are planned that encourage community interaction. Arts and crafts activities are provided by a teacher/volunteer who has established a regular schedule at the center.

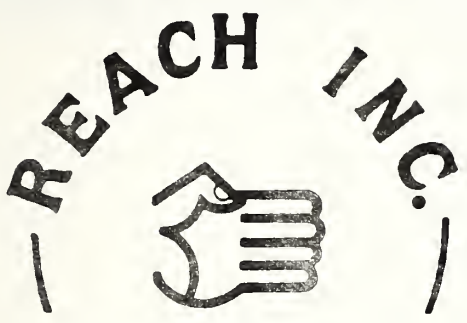
Clients may be involved in Special Olympics sporting events at the local, regional, and state levels. In the past, Ravalli Services Corporation has sponsored the local Winter Games.

Swimming, movies, leisure activities (such as board games and cards), cross-country and downhill skiing, hiking and picnics happen on a regular schedule and round out the recreational activities offered by Ravalli Services Corporation.

John J. Filz, Executive Director
Ravalli Services Corporation
PO Box 287
Hamilton, MT 59840

(406) 363-5400

REACH, INC.



SERVES:
18 years and older
Developmentally
Disabled

PROVIDES:
A variety of group and individual recreational opportunities

REACH currently provides quality services to 44 clients in the areas of Vocational Training, Residential Services and Transportation. Vocational Training consists of Work Activity and Job Placement programs. Residential Services include two Group Homes, two Transitional Living apartment buildings, and Independent Living Training. Transportation Services include trips for medical appointments, shopping, and recreational outings.

REACH takes advantage of recreational opportunities provided through Special Olympics and Eaglemount. Many clients enjoy attending M.S.U. sporting events.

Rob Tallon, Director
REACH, Inc.
404 East Bryant Street
Unit D
Bozeman, MT 59715

(406) 587-1271

REGIONAL LIVING SERVICES, INC.

SERVES:
5 years and older
Severe and Profound
Developmentally Disabled

PROVIDES:
Bowling, Music, Movies,
Arts and Crafts,
Swimming, Skating

Regional Living Services is a non-profit corporation designed to organize and provide sufficient community support to handicapped individuals to insure that no individual should have to leave the area to receive needed services. This agency includes two group home settings for children, one group home for adults, and an adult habilitation program.

The main thrust of the corporation's efforts has been to increase the independence of each individual served while s/he moves into the mainstream of society and away from segregated situations in the shortest time frame possible.

With these stated goals, Regional Living Services emphasizes participation in local community recreational activities that are age-appropriate to individual clients. Bowling, movies, swimming, skating, and horseback riding are some examples of such activities. Along with these, some clients may choose to participate in arts and craft, leisure activities, and Special Olympics.

Diane Savasten, Program Director
Regional Living Services, Inc.
Box 348X
Havre, MT 59501

(406) 265-4780

RESIDENTIAL SUPPORT SERVICES

SERVES:
18 and older
Developmentally Disabled

PROVIDES:
Aerobics, Volleyball,
Bowling, Swimming

Through the Billings Residential Support Services, developmentally disabled adults learn basic self-help skills while enjoying a good community environment.

Residential Support Services provides group home situations that serve a range of needs.

Each client has an individual plan that expresses goals in various areas of residential skills. Included in this plan are individualized recreational goals.

Some of these recreational goals are met through team and group activities such as volleyball and aerobics. Other activities, such as swimming, arts and crafts, and leisure time activities are also available.

The local community offers many opportunities for outings and integration in public activities. Shopping and weekend outings are regularly scheduled.

Special Olympics sports and training are available through the school setting.

Leslie Gaylord, Director
Residential Support Services
1413 Forest Ave. North
Billings, MT 59102

(406) 248-4211

RICHLAND OPPORTUNITIES INC.

SERVES:
12 years and older
Developmental
Disabilities

PROVIDES:
Vocational and Residential Services, Aerobics, Arts and Crafts, Fishing, Roller Skating

Richland Opportunities, Inc. is a community-based, non-profit corporation in Sidney, Montana. The purpose of this agency is to provide training, education, evaluation, placement, and follow-along services to developmentally disabled adults. The goal of these services is to allow the individual to live as normal a life as possible within the community.

This agency offers Group Home Training, Supervised Semi-Independent Living, Semi-Independent Living, Vocational Training, and Functional Academics.

A variety of recreation and leisure activities are offered through Richland Opportunities, Inc. Group Home clients have the opportunity to be involved in aerobics, arts and crafts, physical fitness, bowling, basketball, roller skating, fishing, playing cards and board games, watching movies, and participating in the Special Olympics.

William Fortune, Director
Richland Opportunities, Inc.
Rt. 1, Box 144A-3
Sidney, MT 59270

(406) 482-3341

SILVER BOW COUNTY DEVELOPMENTAL DISABILITIES COUNCIL

SERVES:
Adults
Developmentally Disabled

PROVIDES:
In-home Life Skills Training,
Individualized Recreation

The Silver Bow County Developmental Disabilities Council manages individual clients in their own home setting. Living Skills Trainers are provided to work on individual needs.

The Council is governed by a local board of directors and performs administrative and local governmental duties.

Clients' recreational needs are met on an individual basis. Many clients are involved in local community organizations and recreational programs that interest them and meet their needs. Examples of such options include drama and softball.

Along with this emphasis on individualization, some clients may choose to participate in Special Olympics Training and Competition.

Arlene Mihelish, Coordinator
Silver Bow County DD Council
155 West Granite
Butte, MT 59701

(406) 723-8262

SPECIAL CITIZENS' CENTER

SERVES:
18 and older
Developmentally Disabled

PROVIDES:
Bowling, Fishing,
Ice Fishing, Camping,
Community Outings

In Ronan, the Special Citizens' Center administers a residential group home and a day care service. Clients have the opportunity to develop basic work and self-help skills through individually designed program plans. Apart from the vocational and residential opportunities available directly through Special Citizens' Center, this agency maintains a contract with the State to provide clients with transportation to and from work and other activities.

Once a week many of the day service clients enjoy paricipation in a bowling program. The Special Citizens' Center has obtained free fishing licences for its clients through the state of Montana and takes advantage of the ice-fishing available in their area.

Other recreation and leisure options through this agency include Special Olympics sports and training, hiking, horseback riding, camping, music, and wheelchair sports.

Emily Williams, Comptroller
Special Citizens' Center
330 Main Street Southwest
Ronan, MT 59864

(406) 676-2563

SPECIAL TRAINING FOR EXCEPTIONAL PEOPLE

SERVES:
Birth through 18 years
"At Risk" and/or
Developmentally Disabled

PROVIDES:
Family Training, Respite,
Specialized Family Care,
Children's Community Homes

Special Training for Exceptional People (STEP) is a private, non-profit agency established to provide services for developmentally disabled children (0-18 years) and their families. STEP strives to prevent institutionalization of developmentally disabled children and promotes deinstitutionalization by providing community-based programs, services and public education. By supporting and maintaining children with developmental disabilities in their homes, STEP endeavors to nurture the positive growth of both children and their families.

While recreational and leisure services are not a primary focus of this agency, such activities may be incorporated into home training plans when the activities would seem appropriate for individual clients. Home teachers or Respite Care providers may choose leisure and recreation options that best meet the needs of the child within their family and community resources.

STEP has published a directory of recreation resources (specific to the Billings area), which is listed at the end of this directory.

STEP
1826 Grand Avenue
Billings, MT 59102

(406) 652-4422

TRI-COUNTY DD

SERVES:
18 years and older
Developmentally Disabled

PROVIDES:
A variety of leisure and recreational activities within service areas

Tri-County DD is a non-profit program that provides residential and day activity services to developmentally disabled adults. The residential component consists of five adult community group homes, two senior group homes, and an Independent and Transitional Living service.

The Creative Activities Program provides community-based training for elderly developmentally disabled persons. The primary purpose of this program is to accelerate the social and leisure skills of each person. It is also designed to accelerate and maintain the performance of specific self-help, motor, and other functional skills to sustain the person's human dignity. A final goal is to integrate the elderly DD persons into regular senior citizen programs.

Some activities include bowling, dramatics, reality orientation, greenhouse gardening, manual arts, musical activities, socialization groups, adaptive exercise, and remotivational activities. Many of the persons involved with Tri-County DD choose to participate in Special Olympics sports and training.

Jeff Mangan, Programming Director
Tri-County DD
PO Box 1066
Helena, MT 59601

(406) 442-0194

YWCA INDEPENDENT LIVING/
TRANSITIONAL LIVING PROGRAM

SERVES:
18 years and older
Developmentally
Disabled,
Mental and Physical
Disabilities

PROVIDES:
Cooking, Swimming,
Physical Fitness

Billings YWCA Independent Living/ Transitional Living Program provides living skills training to 52 developmentally disabled adults in both independent and transitional living programs.

Recreational activities include: cooking, movies, music, physical fitness, reading, swimming, walking, and participating in local festivals.

Jim McCoy, Interim Director
YWCA Independent Living/
Transitional Living Program
909 Wyoming
Billings, MT 59101

(406) 248-9041

Advocacy Services

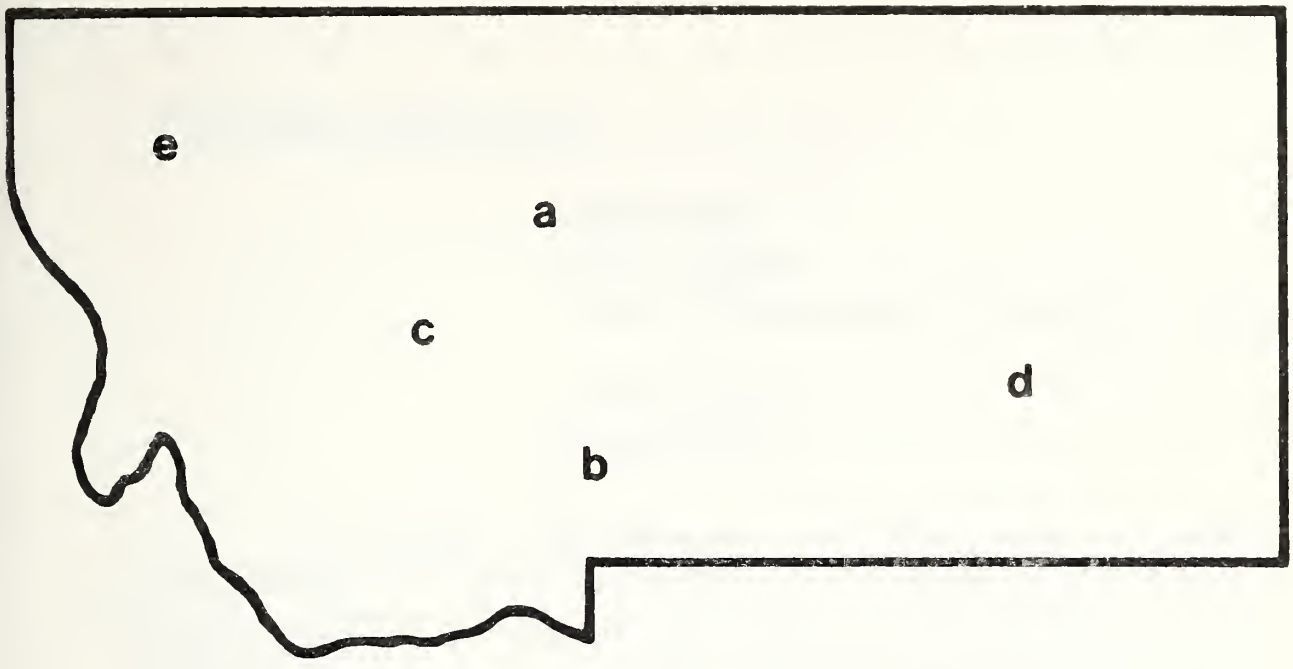
ADVOCACY SERVICES

The groups listed in this section represent a few of the many organizations that exist to advocate a high quality of life for persons with disabilities. While insuring legal rights for the disabled is the primary focus of such groups, it is by no means the only service provided.

Advocacy groups often recruit volunteers who work and socialize as partners with persons with disabilities. This relationship stimulates the confidence and communication skills essential to the development of functional and independent lifestyles.

While a good number of the advocacy groups contacted did not see themselves as direct providers of recreational experiences, they did emphasize the importance of volunteers spending social, leisure, and recreation time with their partners. These experiences may be drawn from a large body of options available in the community, and are selected according to the desires, interests, and needs of the individuals involved in the partnership.

Along with this type of recreation service delivery, the groups listed in this section may be able to offer some practical and legal assistance to persons who have reason to believe they are being denied legal access to recreation activities and facilities due to their disability.



ADVOCACY SERVICES

a. Citizen Advocacy
b. Gallatin Advocacy Program
c. Montana Advocacy Program
d. Southeastern Montana Advocacy Program
e. Special Friends Advocacy Program

CITIZEN ADVOCACY

SERVES:
All Ages
Developmental Disabilities

PROVIDES:
Advocacy

Citizen Advocacy of Cascade County in Great Falls matches a volunteer citizen with a person with developmental disabilities so they may develop a one-to-one relationship. The volunteer then acts as the developmentally disabled person's advocate.

The role of the advocate is to advance the welfare and interests of the disabled person as if they were his own.

No specific recreation programs are provided although recreation and leisure activities may be a part of the volunteer/protege relationship.

Citizen Advocacy
4930 9th Ave. S., Suite #4
Great Falls, MT 59405

(406) 453-3273

GALLATIN ADVOCACY PROGRAM

SERVES:
Developmentally
Disabled Adults

PROVIDES:
Advocacy

In Bozeman, the Gallatin Advocacy Program matches and trains volunteer advocates with disabled persons. Volunteers spend time with developmentally disabled adults, promoting their rights and developing a one-to-one relationship.

Participation in any type of recreational activity is possible according to interest. Recreation and leisure interests are often shared and provide a basis for friendship.

Movies, adaptive skiing, and wheelchair basketball are examples of some of the activities volunteers participate in with their disabled proteges.

Gallatin Advocacy Program
P.O. Box 3674
Bozeman, MT 59772

(406) 587-9490

MONTANA ADVOCACY PROGRAM

SERVES:
All Ages
Developmental
Disabilities

PROVIDES:
Rights Protection,
Advocacy

Montana Advocacy Program is authorized by federal law to assist Montanans with developmental disabilities to exercise their full rights as citizens. M.A.P. has the authority to pursue legal, administrative, and other remedies on behalf of its clients in order to help them reach their full potential.

While M.A.P. is not a recreation resource per se, they may be contacted by any developmentally disabled person who feels he or she has been denied certain rights or opportunities for recreation on the basis of his or her disability. Referrals are confidential and eligibility is determined on a case-by-case basis.

Kris Bakula, Executive Director
Montana Advocacy Program
1410 8th Avenue
Helena, MT 59601

(406) 444-3889
1-800-245-4743

SOUTHEASTERN MONTANA
ADVOCACY PROGRAM

SERVES:
All Ages
Developmental
Disabilities

PROVIDES:
Rights Protection and
Friendship

The Southeastern Montana Advocacy Program is a community-based agency which recruits, trains, and matches volunteer advocates with developmentally disabled persons in Southeastern Montana.

The advocates provide spokesmanship and friendship, and work toward protection of rights for their proteges.

Recreation is not a major goal but may be a part of the volunteer/protege relationship.

Southeastern Montana Advocacy Program
P.O. Box 837
Miles City, MT 59301

(406) 232-4717

SPECIAL FRIENDS ADVOCACY PROGRAM

SERVES:
All Ages
Developmentally
Disabled

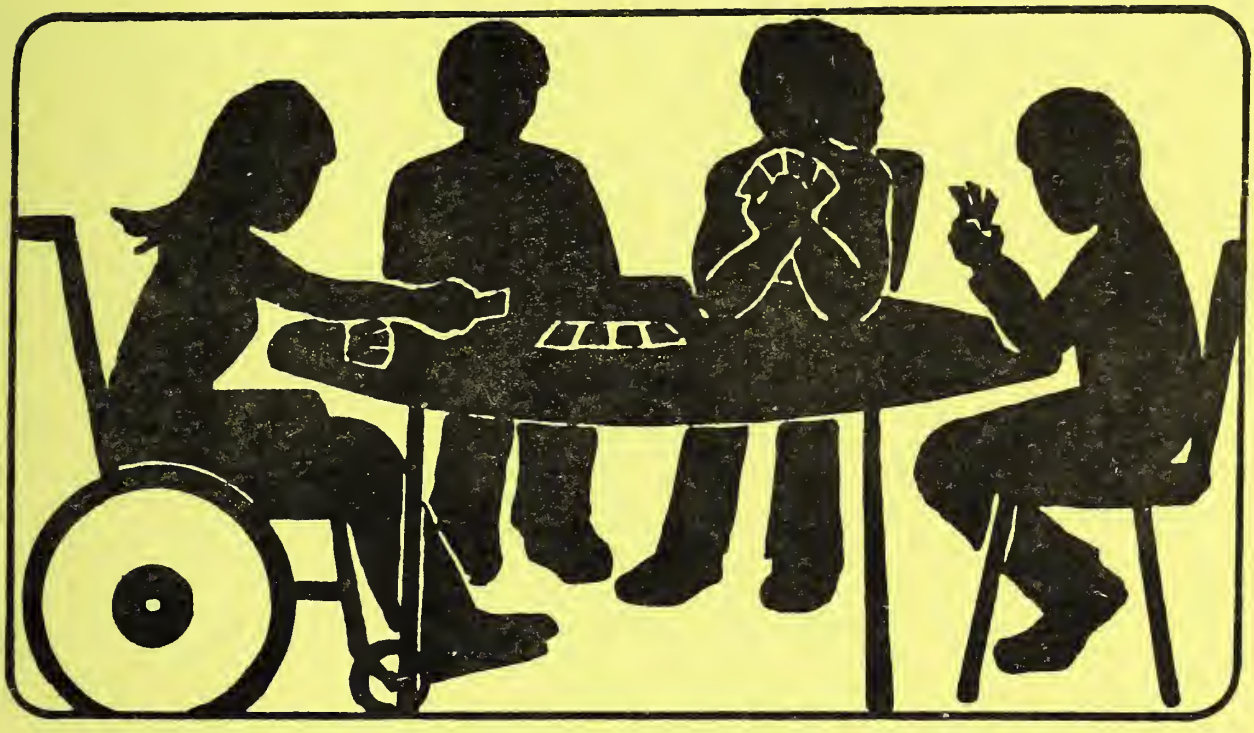
PROVIDES:
Friendship and
Advocacy

Special Friends Advocacy Program is a community-based program whose sole purpose is to recruit, train, and match volunteer advocates with developmentally disabled individuals. Through this role of friendship our goal is to help integrate the developmentally disabled person into the community; to enable them to experience self-worth, dignity, and their fullest human potential.

Although recreation is not provided directly through this program, a disabled person and her/his Special Friend (advocate) may chose to participate in any of a wide variety of recreation and leisure activities according to their interests.

Peg F. Rice, Director
Special Friends Advocacy Program
P.O. Box 1058
Kalispell, MT 59903

(406) 752-6565 (Ext. 39)



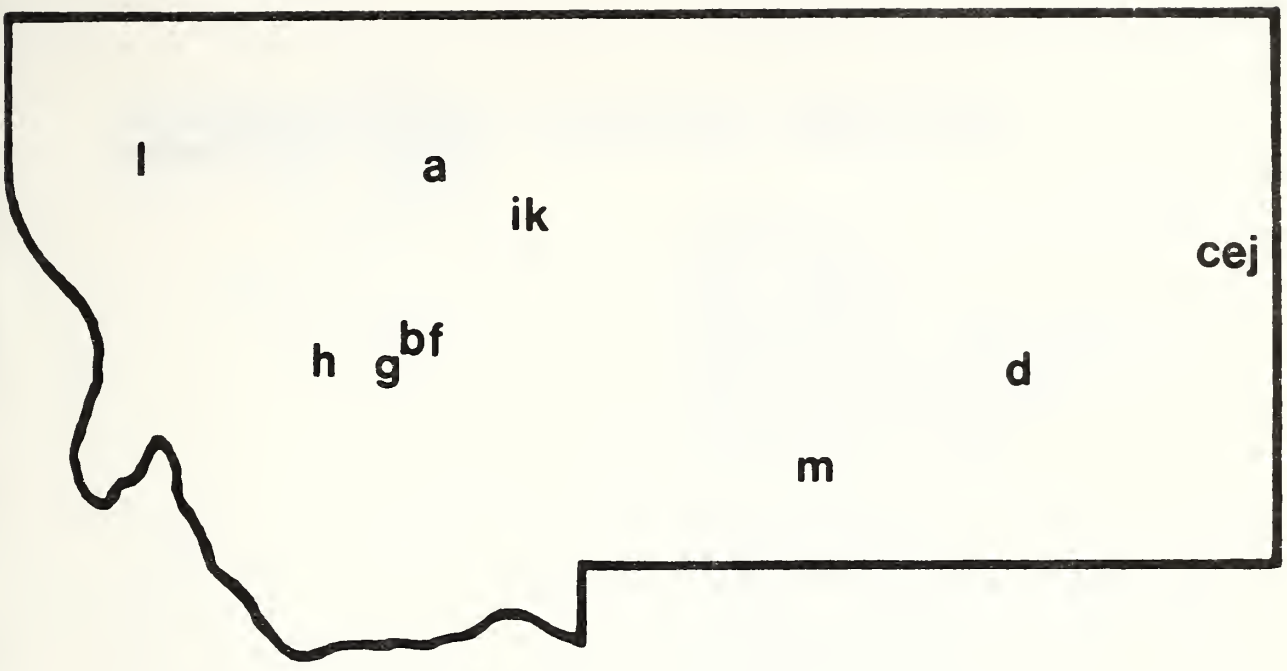
Residential/Treatment Programs

RESIDENTIAL/TREATMENT PROGRAMS

Entries in this section represent some of the residential treatment facilities available in Montana. These facilities offer distinctive philosophies and service styles as they meet the needs of persons with physical, mental, and/or psychological disabilities. Settings and therapies for these programs vary widely, and often integrate a number of activities from a variety of disciplines.

Recreation and leisure activities may be viewed as an appropriate break from therapy or, far more often, as an integral part of the treatment process. A number of the persons contacted emphasized the value of recreation in developing physical strength, body-awareness, and positive self-image. These benefits may be central to increased growth toward independence and a healthier life.

Consultation with professionals and direct communication with representatives of the programs will aid you in learning more about the specifics of facilities and treatment models.



RESIDENTIAL/TREATMENT PROGRAMS

a. Choteau Country District Hospital
   Nursing Home
b. Deaconess Home
c. Eastmont Human Services Center
d. Friendship Villa
e. Glendive Community Hsopital
   Nursing Home
f. Mental Health Services, Inc.
g. Montana Developmental Center
h. Montana State Hospital
i. New Directions Center
j. New Horizons
k. Rocky Mountain Treatment Center
l. Wilderness Treatment Center
m. Yellowstone Boys and Girls Ranch
   Residential Treatment Center

CHOTEAU COUNTY DISTRICT HOSPITAL NURSING HOME

SERVES:
All Ages
Physical, Mental, and Perceptual Disabilities

PROVIDES:
Residential Nursing Care, Social Groups, Gardening, Music Therapy, Reality Therapy

The Choteau County District Hospital Nursing Home offers residents a variety of recreation and leisure options.

Nursing Home activities may include 16mm movies, bowling, church, crafts, watercolor painting, parties, baking, music therapy, ceramics, bingo, VCR movies, reality orientation, remotivation, quilting, bus rides, outdoor nature walks, patio picnics, and sing-a-longs.

The Activities Director may also schedule and coordinate social groups, bird watching, outings, readings, card activities, and gardening.

Ruth Bach, Activity Coordinator
Choteau County Dist. Hosp. Nursing Home
1512 St. Charles St.
Fort Benton, MT 59442

(406) 622-3331

DEACONESS HOME

SERVES:
5 to 15 years old
Emotionally Disturbed, Minor Respiratory, Hearing & Visual Impairments
PROVIDES:
Backpacking, Biking, Gardening, Fishing, Rafting

The Home, formerly known as the Montana Deaconess School, is a private, non-profit organization providing residential care, education, and treatment to children who are seriously emotionally disturbed.

Deaconess Home focuses on younger children; they come to the home from referring agencies who pay for part of the cost of each child's care. Deaconess does not accept children who are handicapped in ways which restrict normal physical activity or who require full-time medical supervision.

The Deaconess program provides a caring environment focused on treatment incorporating family values and qualities. In such an atmosphere, inadequately formed psychic structures can be most effectively developed, the capacity for love relationships formed, and responsible behavior patterns established.

Deaconess provides structured recreational activities which give children opportunities for planned experiences such as backpacking, fishing, swimming, camping, bowling, running, and when they are ready, competitive sports.

John Wilkinson, Administrator
Deaconess Home
P.O. Box 4455
Helena, MT 59604

(406) 442-7920

EASTMONT HUMAN SERVICES CENTER

SERVES:
Adults
All Disabilities

PROVIDES:
Gardening, Music,
Library, Hiking,
Collecting, Fishing,
Track and Field

Eastmont Human Services Center provides residential placement for disabled adults in Glendive, Montana.

Recreation is provided on an all day everyday basis. Activities are scheduled on weekdays from 9:00a.m. to 11:15a.m. and again from 1:30p.m. until 4:00p.m. Leisure activities are provided during noon break. On weekends recreation is provided for one hour in the morning and afternoon with leisure activities during the noon break.

The recreation therapist attempts to develop, plan, and supervise age-appropriate activities that are geared toward the functioning level of the residents.

Dallas Stott, Recreation Therapist
Eastmont Human Services Center
East Little Street
Glendive, MT 59330

(406) 365-6001

FRIENDSHIP VILLA

SERVES:
20 years and Older
All Disabilities

PROVIDES:
Long Term
Residential and
Nursing Care

Friendship Villa, of Miles City, offers Social and Psychological Motivation, as well as Recreational and Physical Therapy to its residents.

The recreational options available allow individuals to participate in pleasurable pastimes they have learned to enjoy over the years. Reading, board games, dancing, movies, picnics, bingo, sit-down exercises, manicures, massages, religious activities, birthday parties, dinner theatre, champagne brunches, and community outings are all options in the recreation program.

Bev Wickom
Program Director/Social Specialist
Friendship Villa
Rt. 2. Box 3001
Miles City, MT 59301

(406) 232-2687

GLENDIVE COMMUNITY HOSPITAL
NURSING HOME

SERVES:
All ages
All Disabilities

PROVIDES:
Residential Nursing Home, Arts and Crafts, Music, Wheelchair Sports, Remotivation Groups

The recreation program at Glendive Community Hospital Nursing Home provides a wide variety of recreation and leisure opportunities with the goal of developing within each individual an awareness of strengths by focusing on abilities.

Remotivation therapy sessions, discussion groups, current events, and activity planning are offered. Promoting physical awareness through exercise, wheelchair, and "sitdown" sports games are part of the weekly schedule. Other exciting events outside the facility are concerts, parades, fishing, bowling, van excursions, poetry readings, special "one-time" events, and story hour for the local preschool children.

Other leisure activities include sing-alongs, music, dances, arts and crafts, board games, bingo, "spelldowns," and cooking. Sensory and conversational therapy are integrated into these activities.

Diana Dusek, Activities Director
Glendive Community Hospital Nursing Home
Prospect and Ames
Glendive, MT 59330

(406) 365-3306 Ext. 252

MENTAL HEALTH SERVICES, INC.

SERVES:
All ages,
Mentally ill,
Emotionally disturbed

PROVIDES:
Physical fitness, Hiking, Backpacking, Team sports, Skiing, Fishing, Cooperative Games, Dancing, Arts and Crafts

In Helena, Mental Health Service Inc. offers a diverse set of services that include both inpatient and outpatient formats, emergency services, consultation, education, sexual assault treatment, adolescent day programs, alternative services, transition living and residential services, and community living support.

In several of these areas, recreation is cited as a therapeutic component. Leisure activities include: arts and crafts, board games, movies and music. Recreation options include: bowling, dancing, picnics, fishing, backpacking, swimming, team sports, and individualized physical fitness and athletics.

Carol Zaharko, Personnel Director
Mental Health Services, Inc.
512 Logan
Helena, MT 59601

(406) 442-0310

MONTANA DEVELOPMENTAL CENTER

SERVES:
4 through 80 years
Developmental
Disabilities

PROVIDES:
Swimming, Skiing,
Fishing, Hiking

In Boulder, Montana Developmental Center offers a variety of leisure, fitness and recreation activities to its developmental disabled clients.

Recreation therapists and rehabilitation aides design, implement and supervise activities to meet the needs and interest of the clients. Some facility and equipment modifications, such as the swimming pool lift and sit-skis, allow residents opportunities to participate in recreation options that would otherwise be impractical or impossible.

Typically, residents may participate in aerobics, arts and crafts, badminton, tennis golf, t-ball, basketball, frisbee and frisbee golf, bowling, hiking, fishing, swimming, horseback riding, gardening, board games, pool, cooking, movies, music, camping, dancing, picnics and weight lifting.

Sheila Franey, Recreation Supervisor
Montana Developmental Center
Box 87
Boulder, MT 59632

(406) 225-3311

MONTANA STATE HOSPITAL

SERVES:
18 years and older
Primary psychiatric diagnosis requiring long-term institutional care

PROVIDES:
Health and fitness program
Swimming, Skiing,
Racquet sports,
Special Olympics

The Montana State Hospital at Warm Springs includes an active program in Therapeutic Recreation as part of its comprehensive, interdisciplinary treatment approach. A wide variety of goal-directed and diversional recreation activities are used to help patients improve their functional deficiencies. Emphasis is placed upon developing appropriate socialization, interactive and decision-making skills. Services are directed by professional therapeutic recreation specialists.

Included among the comprehensive treatment services available are programs in health, leisure education, physical fitness, arts and crafts, and aerobics. Special events, community outings, Special Olympics, team sports, gardening, dances, fishing, and other activities also provide Montana State Hospital patients with a variety of therapeutic leisure activities to help them develop a healthier and happier lifestyle.

Ed Amberg, Recreation Therapist
Montana State Hospital
Warm Springs, MT 59756

(406) 693-7000

NEW DIRECTIONS CENTER

SERVES:
18 years and older
Chronically
Mentally Ill

PROVIDES:
Basic Living Skills,
Work Adjustment,
Socialization and
Recreation

The New Directions Center in Great Falls combines a community-based residential/vocational program with a medical facility and a recreation program. This combination of services utilizes a psychosocial treatment approach for the chronically mentally ill. The goal of the New Directions Center is to provide individuals with the opportunity to maximize their potential for community living.

Socialization and recreation activities include: pool, ping pong, cards, games, movies, arts and crafts, camping, gardening, rafting, fishing, cooking, volleyball and physical fitness.

Chronically mentally ill persons who are disabled physically, mentally, or perceptually may be served through this program.

Kenneth Kleven, A.C.S.W.
Golden Triangle Community MHC
New Directions Center
P.O. Box 3048
Great Falls, MT 59403

(406) 761-2104

NEW HORIZONS

SERVES:
Adults,
Chronic Mental
Illness

PROVIDES:
Day Treatment,
Arts and Crafts,
Board Games, Bowling,
Social Groups,
Fishing, Volleyball

The New Horizons Day Treatment Program is designed to provide a therapeutic program for those persons who require less than 24-hour-a-day care, but something more than typical outpatient care.

This program offers: Individual and Group Therapy, Occupational Therapy, Recreation Therapy, Structured Learning Therapy, Discussion Groups, and Community Outings.

Typical recreation and leisure options include a variety of arts and crafts activities, board games, bowling, cards, cooking, fishing, frisbee, movies, music, physical fitness, picnicking, reading, social groups, volleyball, walking, watching T.V., crochet, and darts.

Tari Voeltz, P.H. Program Coordinator
New Horizons, EMCMHC
P.O. Box 1321
Glendive, MT 59330

(406) 365-6075

ROCKY MOUNTAIN TREATMENT CENTER

SERVES:
12 years and older
Substance and Process Addictions

PROVIDES:
Holistic Treatment of Addictions

Rocky Mountain Treatment Center is a private, free-standing, in-patient treatment program working with adolescents and adults who are suffering from Substance Addiction (alcohol, mood altering drugs, eating disorders) and/or Process Addictions (gambling, sexual, codependency/adult children of alcoholics). The Center uses a 12-step program in a holistic, spiritually oriented process.

Disabled persons with addictions may be appropriately placed in this program if they can physically negotiate the facilities and if they can benefit from the lectures, counseling, and group therapy.

Recreation Therapy is a part of the daily schedule. Aerobics, physical fitness, jogging, swimming, volleyball, walking, board games, and social groups are typical activities.

Mary Huntington-Lehner
Treatment Director
Rocky Mountain Treatment Center
920 4th Avenue North
Great Falls, MT 59401

(406) 727-8832

WILDERNESS TREATMENT CENTER

SERVES:
Males
14-24 years old
Chemically Dependent

PROVIDES:
Drug and Alcohol
Treatment

The Wilderness Treatment Center provides chemical dependency treatment for adolescent and young adult males. The program implements traditional treatment philosophies in addition to a 21-day outward bound type program.

Individuals are medically supervised throughout their treatment period. Wilderness treks and daily ranch activities provide challenges that may help individuals acquire greater self-esteem and confidence; develop a high degree of cooperation, interdependence and compassion; adopt responsible attitudes and actions; and improve their general health and physical fitness: all of which may lead to the decision to remain drug and alcohol free.

Chemically dependent persons with other disabilities may be eligible for this program.

Steve Lamar, Wilderness Director
Wilderness Treatment Center
200 Hubbert Rd.
Marion, MT 59925

(406) 854-2832

YELLOWSTONE BOYS AND GIRLS RANCH
RESIDENTIAL TREATMENT CENTER

SERVES:
7 through 17 years old
Developmentally disabled
Emotionally disturbed

PROVIDES:
Aerobics, Weightlifting,
Team sports,
Leisure activities

In Billings, the Yellowstone Boys and Girls Ranch provides residential treatment for developmentally disabled and emotionally disturbed children ages seven through seventeen.

A certified P.E. teacher and recreation therapist supervise a recreational program at Yellowstone Boys and Girls Ranch that provides a safe positive learning environment for acquiring skills in sporting activities, recreational leisure activities, and outdoor wilderness activities. Along with learning basic skills needed for specific activities, self-esteem, sportsmanlike behavior, cooperation, stress management, physical fitness, group cohesion, and other concepts for building the whole person are dealt with.

An incredibly diverse selection of recreational options are available through this service including swimming, horseback riding, photography, boating, archery, skiing, tennis, team and individual athletics, and a variety of leisure activities.

Jeff Gray, Director of Recreation Therapy
Yellowstone Boys and Girls Ranch
RT. 1, Box 212
Billings, MT 59106

(406) 656-3001

ADDITIONAL RESOURCES

Additional Resources - Montana

ASK Directory
(Directory of Billings Area Resources and Human Service Agencies)
District 7 Human Resources
Development Council
17 North 31st Street
Billings, MT 59101

(Design and Modification of Adaptive Equipment)
Michael K. Wells, Chairman
Jay Conant, Associate Professor
Dept. of Mechanical Engineering
Roberts Hall
Montana State University
Bozeman, MT 59715

Directory of Services for Developmentally Disabled Persons
Developmental Disabilities Division
Montana Department of Social and Rehabilitation Services
P. O. Box 4210
Helena, MT 59604

Meeting the Leisure Needs of Montana's Disabled Citizens (Model Program Manual)
Robert Jordan, Director
Activities Unlimited
P. O. Box 324
Helena, MT 59624

Other Best Practice Publications by Robert Jordan:

Exemplary Therapeutic Recreation Programs in Montana, Minnesota and Colorado

Recreation for Developmentally Disabled Adults Residing in Group Homes

(continued on next page)

Serving Montana's Disabled Citizens Through Summer Camping Programs

Winter Sports for Montana's Disabled Citizens

Montana Directory of Services for Severely Handicapped Persons
Montana University Affiliated Program
University of Montana
Missoula, MT 59812

Montana Travel Promotion Bureau
1424 Ninth Avenue
Helena, MT 59620
Phone: (406) 449-2654
Toll Free: (800) 548-3390

The Montana Accommodations Guide
Motels - Hotels
Ranches - Resorts
Private Campgrounds
Outfitters - Guides
Bed/Breakfast
*Has Handicap Designation

The Montana Highway Map
*Has Handicap Designation

The Montana Vacation Guide

The Montana Winter Guide
Ski Resorts
Smaller Areas
Nordic Skiing Areas
Tours
Ski on Your Own
Getting There
Carnivals/Races/Festive Events

Mountain Man
720 Front Street
Bozeman, MT 59715
(406) 587-0310
(Recreational Adaptive Equipment)

(continued on next page)

Northern Region - National Forests and Grasslands Outdoor Recreation Guide
(contact National Forest Office)

Recreation Horizons
Outdoor Opportunities for the Less-Than-Able-Bodied
Jerry Covault, Forester
Lolo National Forest
Building 24, Fort Missoula
Missoula, MT 59801
(Includes information for developing more accessible public recreation areas and some specific accessibility guides for Lolo National Forest sites.)

STEP Directory
(Billings area resources and recreational activities)
Special Training for Exceptional People
1826 Grand Avenue
Billings, MT 59102

Additional Resources - Out of State

ACCENT ON INFORMATION, INC.
Accent on Living
P. O. Box 700
Gillum Road & High Drive
Bloomington, Indiana 61701
(Telephone access to updated database on new recreation-oriented assistive device sources)

Accent on Living
Cheever Publishing, Inc.
P. O. Box 700
Bloomington, Indiana 61701
(Quarterly magazine for "people who happen to have a disability." Features practical tips, medical breakthroughs, news of current products and ways to enjoy life.)

ACCESS America
Washington, D. C. 20202

Access National Parks: A Guide for Handicapped Visitors
Stock # 024-005-00691-5
Superintendent of Documents
U. S. Government Printing Office
Washington, D.C. 20402

Committee on Recreation and Leisure Newsletter
President's Committee on Employment of the Handicapped
Washington, D.C. 20210

"Highway Rest Area Facilities for Handicapped Travelers"
President's Committee on Employment of the Handicapped
Washington, D.C. 20210

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Mainstream
2973 Beech Street
San Diego, California 92102
(National publication for disabled consumers. July issues is a special sports and recreation issue.)

Rehabilitation Gazette
4502 Maryland Avenue
St. Louis, Missouri 63108
(Bi-annual international journal for independent living by disabled individuals. Includes travel and recreation articles.)

Rehabilitation Literature
National Easter Seal Society
2023 West Ogden Avenue
Chicago, Illinois 68612
(Bi-monthly interdisciplinary journal for professionals involved with the rehabilitation of people with disabilities.)

Special Recreation Digest
362 Koser Avenue
Iowa City, Iowa 52240

The Guide to Recreation, Leisure and Travel for the Handicapped
Resource Directories
3103 Executive Parkway
Suite 212
Toledo, Ohio 43606

The International Directory of Recreation-Oriented Assistive Device Sources - Edited by John Nesbitt, Ed.D. (1986)
Lifeboat Press
P. O. Box 11782
Marina Del Rey, California 90295

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Additional Resources - Out of State

ACCENT ON INFORMATION, INC.
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Gillum Road & High Drive
Bloomington, Indiana 61701
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ACCESS America
Washington, D. C. 20202

Access National Parks: A Guide for Handicapped Visitors
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U. S. Government Printing Office
Washington, D.C. 20402

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Toledo, Ohio 43606

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Lifeboat Press
P. O. Box 11782
Marina Del Rey, California 90295

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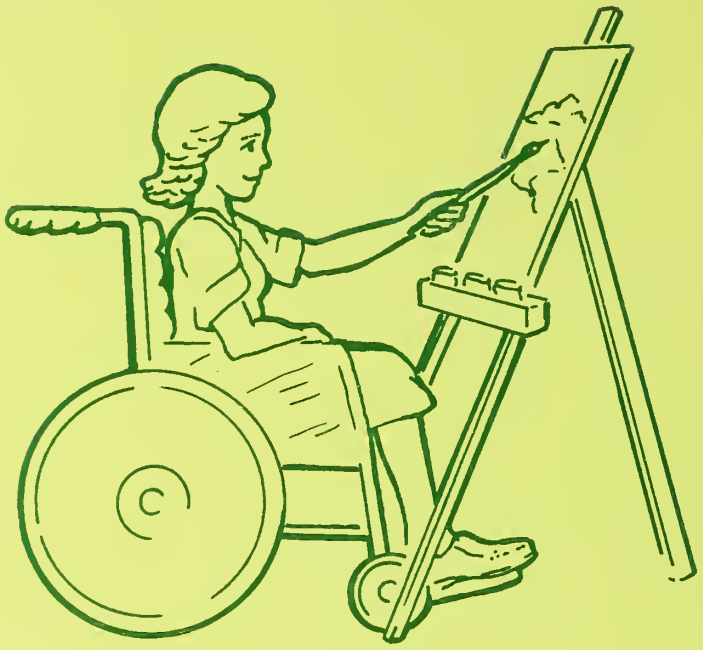
The Physically Disabled Traveler's Guide
3103 Executive Parkway
Dept. RW
Toledo, Ohio 43606

Therapeutic Recreation Journal
3101 Park Center Drive
Alexandria, Virginia 22302

Travel for the Disabled: A Handbook of Travel Resources and 500 Worldwide Access Guides
Helen Hecker, R.N.
Twin Peaks Press
P. O. Box 8097
Portland, Oregon 97207



"Create,

Recreate,

Celebrate!"